

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>04/21/24</b>	<b>04/22/24</b>	<b>04/23/24</b>	<b>04/24/24</b>	<b>04/25/24</b>	<b>04/26/24</b>	<b>04/27/24</b>
<b>Soup du Jour</b> Shrimp Bisque (G)	<b>Soup du Jour</b> Tomato Basil Soup (V)	<b>Soup du Jour</b> Spring Vegetable Soup (V)	<b>Soup du Jour</b> Beef Barley	<b>Soup du Jour</b> Lentil Soup (V)	<b>Soup du Jour</b> Minestrone (V)	<b>Soup du Jour</b> Chicken Noodle
<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
<b>Roasted Leg Of Lamb (GF)</b>	<b>BBQ Burger GFA</b>	<b>Ham and Smoked Gouda Sandwich GFA</b>	<b>Roast Beef Wrap GFA</b>	<b>Chicken Quesadilla</b>	<b>Kendal Pizza GFA</b>	<b>Grilled C.B.T Sandwich GFA</b>
Served with mint jelly	Beef Burger Topped with American Cheese, BBQ Sauce, & Cole slaw	with Herb Aioli on Grilled Sourdough Bread	Roast beef with avocado, cheddar & siracha mayo.	Flour Tortilla, Pepper, Onions Mexican Cheese, and sour cream	Handmade Pizzas	Cheddar, Bacon and Tomato on White Bread
<b>Classic Eggs Benedict</b>	<b>Shrimp Pasta</b>	<b>Chicken Cobb Salad GF</b>	<b>Grilled Chicken Sausage</b>	<b>Bake Tilapia</b>	<b>Fry Chicken Wings</b>	<b>Chicken Parmesan</b>
Poached Egg, Canadian Bacon, English Muffin, Hollandaise Sauce	Shrimp with Orecchiette Pasta & Tomato Cream Sauce	Grilled Chicken, Bleu Cheese, Hard Cooked Egg, Tomatoes, Crumbled Bacon & Avocado	Roasted apples and fennel served on a light chicken velouté	Tilapia bake with lemon, white wine & butter.	served with honey mustard sauce.	Breaded chicken culet topped with tomato sauce & mozzarella cheese.
<b>Manicotti</b>	<b>Three Bean Chili GF</b>	<b>French Onion Quiche</b>	<b>Kendal Pasta</b>	<b>Tofu Stir-fry GF</b>	<b>Stuffed Portabella Mushrooms GF</b>	<b>Ravioli Primavera</b>
Ricotta Stuffed Pasta, Tomato Sauce, Mozzarella	Served with Tortilla Chips	Caramelized Onions, Gruyere, and Egg Custard Baked in a Tart Shell	Sundried tomatoes, pesto, pinenes, EVOO, and shaved parmesan cheese	Tofu stir-fry with Asian vegetables.	Spinach, Tomatoes and Provolone Cheese with a Tomato Coulis	Pasta Ravioli toasted with an array of vegetable & a light tomato broth.
<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
<b>Bacon &amp; Sausage Patties</b>	<b>Green Beans</b>	<b>Steamed Broccoli</b>	<b>Roasted Cauliflower</b>	<b>Steamed Corn</b>	<b>Pacific Blend Vegetables</b>	<b>Steamed Carrots</b>
<b>Steamed Asparagus</b>	<b>Crispy Potato Wedge</b>	<b>Sweet Potato Fries</b>	<b>Potato Salad</b>	<b>Yellow Rice</b>	<b>Oven Roasted Potatoes</b>	<b>French Fries</b>
<b>Roasted Potatoes</b>						
<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
<b>Bread Pudding</b>	<b>Carrot Cake</b>	<b>Assorted Scones</b>	<b>Carnival Cookies</b>	<b>Fresh Pineapple</b>	<b>Black Forest Cake</b>	<b>Chocolate Chip Brownies</b>
<b>NSA Blondies</b>	<b>NSA Chocolate Cake</b>	<b>NSA Vanilla Pudding</b>	<b>NSA Cinnamon Swirl</b>	<b>NSA Jell-O</b>	<b>NSA Cookies</b>	<b>Cherry Pie</b>

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	<b>Soup du Jour</b> Sausage and White Bean Soup	<b>Soup du Jour</b> Matzo Ball Soup	<b>Soup du Jour</b> Mushroom & Truffle Bisque (G)	<b>Soup du Jour</b> Mexican Chicken Tortilla	<b>Soup du Jour</b> Connecticut Clam Chowder (G)	<b>Soup du Jour</b> Italian Wedding
	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>
	Spinach Salad with Apple/Cran/Walnuts	Roasted Beets and Goat Cheese	Classic Wedge	Caprese	Arugula, Sweet Potato, and Chickpea	Pear and Goat Cheese
	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
	<b>Spring Beef Stew GF</b>	<b>Brisket of Beef</b>	<b>Fresh Catch GF</b>	<b>Warm Steak Salad</b>	<b>BBQ Ribs</b>	<b>Bourbon Chicken GF</b>
	Beef Stew with Spring Vegetables		Preparation changes	Grilled steak, Served over a bed of greens with tomatoes, grilled onions, crumble blue cheese with balsamic dressing.	Slow cooked Ribs with tractional BBQ sauce	Chicken thighs cooked till tender and tossed Ina bourbon sauce
	<b>Cod Provencal GF</b>	<b>Salmon Filet</b>	<b>Roasted Pork Tenderloin GF</b>	<b>Coconut Shrimp</b>	<b>Chicken with BlackEyed Peas GF</b>	<b>Pepper Steak GFA</b>
	with Velouté and Aromatic Vegetables		Spice Rubbed Pork Tenderloins topped with Black Bean and Mango Salsa	Coconut breaded shrimp served with duck sauce.	Southern Braised Chicken	Strips of Beef saluted with onions & peppers in a light Asian Sauce.
	<b>Mediterranean Tofu Flatbread</b>	<b>Moroccan Stew</b>	<b>Edamame &amp; Cauliflower Risotto GF</b>	<b>Vegetable Moussaka</b>	<b>Asparagus, Onion &amp; Goat Cheese Tart</b>	<b>Butter Bean and Roasted Tomato Ragout GF</b>
	Flatbread with Tofu and Vegetables	#REF!	Edamame & Cauliflower Arborio rice, with Edamame & Cauliflower, finished with Parmesan Cheese & Cream	Eggplant, Potatoes, Lentils, Tomatoes Bechamel Sauce	Vegetables and goat's cheese cooked in a savory pastry shell	Butter beans, roasted tomatoes, and aromatic vegetables
	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
	<b>Rainbow Swiss Chard</b>	<b>Carrot Tzimmes</b>	<b>Sautéed Squash</b>	<b>Sauteed Spinach</b>	<b>Corn on the Cob</b>	<b>Steamed Broccoli</b>
	<b>Rainbow Carrots</b>	<b>Brussels Sprouts</b>	<b>Roasted Cherry Tomatoes</b>	<b>Roasted Vegetables</b>	<b>Collard Greens</b>	<b>Sautéed Bok Choy</b>
	<b>Roasted Potatoes</b>	<b>Potato Kugel</b>	<b>Orzo Pilaf</b>	<b>Quinoa Pilaf</b>	<b>Yukon Gold Mash Potatoes</b>	<b>Brown Rice</b>
	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
	<b>Tiramisu</b>	<b>Flourless Chocolate Cake</b>	<b>Watermelon</b>	<b>Chocolate Cake</b>	<b>House made Peach Crisp</b>	<b>Cantaloupe</b>
	<b>NSA Cherry Pie</b>	<b>NSA Cherry Cake</b>	<b>NSA Chocolate Pudding</b>	<b>NSA Lemon Cake</b>	<b>NSA Chocolate Cake</b>	<b>NSA Blueberry Cake</b>