

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
08/14/22	08/15/22	08/16/22	08/17/22	08/18/22	08/19/22	08/20/22
Soup du Jour Roasted Corn Chowder	Soup du Jour Tortellini & Spinach (V) (G)	Soup du Jour Vegetable Soup (V)	Soup du Jour Chicken Mulligatawny	Soup du Jour Mexican Tortilla Soup	Soup du Jour Tomato Soup (V)	Soup du Jour Pasta Fagiola (G)
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Chicken With Broccoli and Cheese	Pulled Pork Sliders	California Chicken Sandwich GFA	Chicken Malai Tikka Sandwich	Beef Quesadilla GFA	Kendal Pizza GFA	Hot Dogs
Breaded Chicken Stuffed with Broccoli and Cheese	Pulled pork with sauteed onions	Swiss Cheese, Bacon, Tomatoes, Baby Arugula Avocado Aioli, on an Artisanal Roll	Yogurt marinated chicken with Indian spices served over Nann Bread with a cucumber slaw and yogurt sauce	Tender pieces of beef cooked with onions, peppers, & Cheese in a Flour Tortilla	Handmade Pizza's	Served with Sauerkraut upon request
Smoked Salmon	BBQ Chicken GF	Chef's Salad GF	Delhi Ground Beef GF	Aroz Con Pollo GF	Broiled Filet of Sole GF	All American Burgers GFA
0	Slow cooked Chicken with a Tangy BBQ Sauce	Julienned Turkey, Ham, Tomatoes, Hard Cooked Egg, Cucumbers, Cheddar, Swiss, Chives, Red	Ground beef cooked with green peas, potatoes and spices	Sauteed Chicken mixed with rice and vegetables	Baked with butter and white wine	Your choice of cheese served on a bun
Spring Bowtie Pasta	Grilled Vegetables Quinoa Bowl	Broccoli and Cheddar Quiche	Chickpea Curry GF	Penne A la Vodka	Black Bean and Corn Quesadillas	Gardenburgers
Shitake Mushrooms, Shallots, Sundried Tomatoes, Spinach, Garlic, Parmesan White Wine Sauce	Eggplant, Zucchini, Yellow Squash, Red Peppers, Red Onions over Quinoa, Chopped Romaine, Cherry Tomatoes, Crumbled Feta Cheese, and Lemon Basil Vinaigrette	Eggs, Cheddar, and Broccoli in a Flaky Pie Crust	Sauteed Vegetables and Chickpeas in a coconut Curry Sauce	Pasta with a Creamy Tomato Sauce	Black Bean and Corn Salsa, Cheddar Jack Cheese	Vegetarian Burgers
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Bacon & Sausage Patties	Steamed Corn on the Cob	California Vegetables	Sauteed Spinach	Mexican Roasted Vegetables	Roasted Cauliflower	Coleslaw
Sauteed Carrots	Curly Fries	Kendal Potato Chips	Basmati Rice	Sweet Plantains	Rosemary Potatoes	French Fries
Roasted Yukon Gold Potatoes						
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Assorted Desserts *	New York Cheesecake *	Chocolate Cake *	Cookie of the Day *	Sour Cream Coffee Cake	Blondies	Blueberry Pound Cake
Cranberry Orange Cake NSA	NSA Cookies	NSA Pudding	NSA Brownies	NSA Cinnamon Swirl	NSA Chocolate Cream Pie	NSA Jello

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	Soup du Jour Black Bean Soup (V)	Soup du Jour Chicken and Shitake Mushroom	Soup du Jour Green Vegetable Minestrone (V)	Soup du Jour Beef Vegetable	Soup du Jour Gazpacho (V)	Soup du Jour Split Pea Soup (V)
	Special Salad	Special Salad	Special Salad	Special Salad	Special Salad	Special Salad
	Mediterranean Quinoa	Classic Wedge	Asian Baby Kale	Kendal Spring Salad	Caprese salad	Citrus Salad
	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
	Grilled Italian Sausage Sausage, Baby Peppers, Grilled Onions, Roasted Tomatoes	Sweet Thai Chili Shrimp GFA Marinated Shrimp Sauteed with Bell Peppers, Pinapple, & Sweet Chili Sauce	Sole GFA Sole Filets Dredged in Flour, Sauteed, and served with a Lemon Butter Sauce	Chimmichuri Steak GF Grilled London Broil with a latin herb and garlic sauce	Apricot Glazed Chicken marinated chicken thighs finished with a fruit glaze	Veal Francaise Tender Veal, Egg Dipped, with a Lemon Sauce
	Seared Beef and Caramelized Shallots GF Tender Beef and Shallots in a Pan Gravy	Key West Chicken Chicken with a Cilantro Lime Marinade and a Mango Pinapple Salsa	Pork Teriyaki With Pineapple Teriyaki Sauce	Grilled Chicken Salad GF Grilled Chicken, Strawberries, Raspberries, Blueberries, and Purple Onion served over a bed of Field Greens, with a	Fresh Catch A Fresh Seafood Offering, TBA	Asian Beef Broccoli Tender beef. Stir fry sauce and fresh broccoli
	Vegetable Bean Chili GF with Tomato, peppers, assorted beans, and spices	Vegetable Korma GF Mixed Vegetables and Cashews in an Indian Curry Sauce	Grilled Vegetable Lasagna Grilled Vegetables, white beans, tomato sauce , ricotta cheese and mozzarella cheese	Greek Spinach Pie Spinach, Feta Cheese, & Onions in a Flaky Phyllo Dough	Zoodles Pesto GF Zucchini Noodles in a Basil Sauce	Stuffed Portabello Mushroom GF with Eggplant, Roasted Peppers, Tomato, Basil, and Mozzarella
	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
	Roasted Cauliflower	Steamed Carrots	Asparagus	Sauteed Mixed Squash	Mixed Grilled Vegetables	Sauteed Swiss Chard
	Sauteed Broccoli Rabe	Green Beans	Red and Golden Beets	Steamed Broccoli	Corn On the Cob	Steamed Peas
	Baked Potato	Basmati Rice	Lemon Scented Jasmine Rice	Roasted Potatoes	Mashed Sweet Potatoes	Buttered Egg Noodles
	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
	Toasted Almond Cake *	Bailey's Cake *	Fresh Cantalope	Cannoli Cake *	Watermelon	Tiramisu *
	NSA Jell-O	NSA Cherry Pie	NSA Lemon Cake	NSA Peach Pie	NSA Cheesecake	NSA Lemon Meringue