

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
08/07/22	08/08/22	08/09/22	08/10/22	08/11/22	08/12/22	08/13/22
<b>Soup du Jour</b> Shrimp Bisque (contains Gluten)	<b>Soup du Jour</b> Tomato Basil Soup (V)	<b>Soup du Jour</b> Chicken Vegetable	<b>Soup du Jour</b> Tuscan Bean Soup (V)	<b>Soup du Jour</b> Hot and Sour Soup	<b>Soup du Jour</b> Minestrone (V)	<b>Soup du Jour</b> Southwestern Pork Soup
<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
<b>Cedar Plank Salmon GF</b>	<b>Chicken Cobb Salad GF</b>	<b>Ham and Smoked Gouda Sandwich GFA</b>	<b>Italian Combo GFA</b>	<b>Thai Beef Lettuce Wraps GF</b>	<b>Kendal Pizza GFA</b>	<b>Grilled C.B.T Sandwich GFA</b>
Honey Mustard Glazed with a Tomato Caper Relish	Grilled Chicken, Crumbled Bleu Cheese, Hard Boiled Eggs, Tomatoes, Crumbled Bacon, & Avocado over Romaine Lettuce with a Buttermilk Ranch Dressing	Herb Aioli on Grilled Sour Dough Bread	Salami, Cappicola, Pepperoni, Roasted Red Peppers, Tomato, Provolone Cheese, Lettuce, Italian Dressing on a Fresh baked Roll	Beef, Pickled Daikon, Carrot, and Cucumber wrapped in lettuce	Handmade Pizza's	Cheddar, Bacon and Tomato on White Bread
<b>Eggs Benedict Florentine GF</b>	<b>Bash Burger GFA</b>	<b>Cajun Shrimp Pasta</b>	<b>Chicken Piccata</b>	<b>Chicken Asado GF</b>	<b>Oven Roasted Cod GF</b>	<b>Chicken Fingers</b>
Sauteed Spinach, Classic Hollandaise Sauce	Beef Burger Topped with American Cheese, Bacon Jam, Pickles and Mayonnaise Sauce	Parmesan Cream Sauce, Onions, Peppers, Celery, Tomatoes, and Spinach	Lightly Floured Chicken Breast with a White Wine Caper Sauce	Stewed Chicken with Onions, Peppers, Tomatoes, Potatoes, and Cilantro	Served with a Lemon Caper Sauce	With Honey Mustard and BBQ Sauce
<b>Cheese Blintzes</b>	<b>Grilled Vegetable Stack GF</b>	<b>French Onion Quiche</b>	<b>Linguine Primavera</b>	<b>Vegetarian Pancit</b>	<b>Suffed Portabella Mushrooms GF</b>	<b>Cheese Ravioli</b>
Mixed Berry Compote	Layered Zucchini, Squash, Peppers, Mushrooms, Eggplant, & Fresh Mozzarella with a Balsmic Glaze	Caramelized Onions and Gruyere cheese, and Egg cutard baked in a Tart Shell	Broccoli, Zucchini, Squash, Carrots, Onions, Tomatoes, Garlic, Fresh Basil, Extra Virgin Olive Oil	Noodles, Tofu, Asian Mixed Vegetables, Fried Eggs, Stir Fry Sauce	Spinach, Tomatoes and Provolone Cheese with a Tomato Coulis	Tomato Cream Sauce
<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
<b>Bacon &amp; Sausage Patties</b>	<b>Steamed Corn</b>	<b>Green Beans</b>	<b>Steamed Broccoli</b>	<b>Baby Bok Choy</b>	<b>Pacific Blend Vegetables</b>	<b>Steamed Carrots</b>
<b>Asparagus</b>	<b>Curly Fries</b>	<b>Sweet Potato Chips</b>	<b>Garlic Bread</b>	<b>White Rice</b>	<b>Oven Roasted Potatoes</b>	<b>French Fries</b>
<b>Saffron Rice</b>						
<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
<b>Assorted Desserts *</b>	<b>Carrot Cake</b>	<b>Lemon Pound Cake</b>	<b>Snickerdoodle Cookies</b>	<b>Fresh Berry Chia Pudding</b>	<b>Crumb Cake</b>	<b>Chocolate Chip Brownies</b>
<b>NSA Lemon Meringue</b>	<b>NSA Chocolate Cream Pie</b>	<b>NSA Strawberry Short Cake</b>	<b>NSA Cinnamon Swirl</b>	<b>NSA Jello</b>	<b>NSA Cookies</b>	<b>NSA Blondie</b>

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<b>Soup du Jour</b> Chicken, Sausage and White Bean	<b>Soup du Jour</b> Pasta Fagiola (V)	<b>Soup du Jour</b> Indian Shrimp & Coconut Soup	<b>Soup du Jour</b> Spring Vegetable Soup (V)	<b>Soup du Jour</b> Connecticut Clam Chowder	<b>Soup du Jour</b> Vegetable Gumbo (V)	<b>Soup du Jour</b> Vegetable Gumbo (V)
<b>Special Salad</b> Mediterranean Quinoa	<b>Special Salad</b> Classic Wedge	<b>Special Salad</b> Asian Baby Kale	<b>Special Salad</b> Kendal Spring Salad	<b>Special Salad</b> Caprese salad	<b>Special Salad</b> Citrus Salad	<b>Special Salad</b> Citrus Salad
<b>Entrees</b> <b>Sesame Chicken</b> Lightly battered chicken, tossed in a sesame garlic sauce	<b>Entrees</b> <b>Spring Lamb Ragout</b> Slow Cooked Lamb with Pappardelle Pasta	<b>Entrees</b> <b>Herb and Garlic Roasted Chicken</b> Marinated chicken thighs, finished with a mustard white wine sauce	<b>Entrees</b> <b>Bourbon Glazed Steak Bites GF</b> Cubed Beef, Onions, Peppers, and Mushrooms with a Bourbon Glaze	<b>Entrees</b> <b>Fish Cakes GF</b> Remoulade Sauce, and Fried Leeks	<b>Entrees</b> <b>BBQ Chicken GF</b> Bone-In chicken roasted and basted in BBQ Sauce	<b>Entrees</b> <b>BBQ Chicken GF</b> Bone-In chicken roasted and basted in BBQ Sauce
<b>Mojo Shrimp GF</b> Sauteed Shrimp with Orange Juice, Lime Juice, Garlic and Herbs	<b>New England Baked Cod GF</b> Light Shellfish Velouté, Aromatic Vegetables, Chopped Bacon	<b>Roasted Pork Loin GF</b> Spice Rubbed Tender Pork, Black Bean and Mango Salsa	<b>Catch of the day</b>	<b>Asian Ribs</b> Slow cooked Ribs with a Soy ginger sauce	<b>All American Burger GFA</b> Potato Roll, Lettuce and Tomato with swiss, american or cheddar cheese	<b>All American Burger GFA</b> Potato Roll, Lettuce and Tomato with swiss, american or cheddar cheese
<b>Vegetable Moussaka</b> Eggplant, Potatoes, Lentils, Tomatoes Bechamel Sauce	<b>Vegetable Pancakes GFA</b> Served with Dill Yogurt	<b>Pesto Pasta and Beyond</b> Beyond "Meat" Sundried Tomatoes, Pine Nuts, Shaved Parmesan Cheese	<b>Tofu Stir Fry</b> Tofu, Asian vegetables, and a stir fry sauce	<b>Asparagus, Onion &amp; Goat Cheese Tart</b> Vegetables and goat's cheese cooked in a tart shell	<b>Butter Bean and Roasted Tomato Ragout GF</b> Butter beans, roasted tomatoes, and aromatic vegetables	<b>Butter Bean and Roasted Tomato Ragout GF</b> Butter beans, roasted tomatoes, and aromatic vegetables
<b>Accompaniments</b> <b>Stir Fry Vegetables</b>	<b>Accompaniments</b> <b>Steamed Asparagus</b>	<b>Accompaniments</b> <b>Vegetable Chiffonade</b>	<b>Accompaniments</b> <b>Sauteed Spinach</b>	<b>Accompaniments</b> <b>Baby Bok Choy</b>	<b>Accompaniments</b> <b>Steamed Broccoli</b>	<b>Accompaniments</b> <b>Steamed Broccoli</b>
<b>Steamed Cauliflower</b>	<b>Baby Carrots</b>	<b>Broccoli</b>	<b>Grilled Vegetables</b>	<b>Asian Slaw</b>	<b>Corn on the Cob</b>	<b>Corn on the Cob</b>
<b>Jasmine Rice</b>	<b>Barley Pilaf</b>	<b>Mashed Yukon Gold Potatoes</b>	<b>Steamed Rice</b>	<b>Vegetable Fried Rice</b>	<b>Potato Salad</b>	<b>Potato Salad</b>
<b>Desserts</b> <b>Tiramisu</b>	<b>Desserts</b> <b>Cantaloupe</b>	<b>Desserts</b> <b>Strawberry Short Cake</b>	<b>Desserts</b> <b>German Chocolate Cake</b>	<b>Desserts</b> <b>Housemade Peach Crisp</b>	<b>Desserts</b> <b>Watermelon</b>	<b>Desserts</b> <b>Watermelon</b>
<b>NSA Cherry Pie</b>	<b>NSA Jell-O</b>	<b>NSA Chocolate Pudding</b>	<b>NSA Chocolate Cream Pie</b>	<b>NSA Apple Pie</b>	<b>NSA Blueberry Pie</b>	<b>NSA Blueberry Pie</b>