

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|--|---|--|
| 12119121 | 12120121 | 12121121 | 12122121 | 12123121 | 12124121 | 12125121 |
| <i>Soup du Jour</i> Chicken and Rice | <i>Soup du Jour</i> Vegetable Orzo (V) | <i>Soup du Jour</i> Beef Noodle | <i>Soup du Jour</i> Traditional Gumbo | <i>Soup du Jour</i> Lentil & Spinach Soup (V) | <i>Soup du Jour</i> Chicken & Dumpling | <i>Soup du Jour</i> Carrot Ginger Soup (V) |
| Entrees | Entrees | Entrees | Entrees | Entrees | Entrees | Entrees |
| <i>- Carved Ham</i> | <i>Smoked Turkey Sandwich GFA</i> | <i>Rueben_GFA</i> | <i>Buffalo Chicken Wrap GFA</i> | <i>Pulled Pork Quesadillas GFA</i> | <i>Kendal Pizza</i> | <i>Carved Whole Turkey.GF</i> |
| | Thinly Sliced Smoked Turkey Breast with Melted Cheddar, Fresh Tomatoes, & Bacon Served on a Sourdough Roll | Sauerkaut, Russian Dressing, Swiss Cheese on Rye | Crispy Chicken Tenders tossed in Hot Sauce, with Chopped Tomatoes, Shredded lettuce and Blue Cheese Dressing | Shredded BBQ Pork, Cheddar Cheese, and Sautéed onions. Served with Sour Cream and Salsa | House Made Cheese Pizza's | |
| <i>Assorted Omelets and Pancakes</i> | Cheese Ravioli with Bolognese | Greek Salad with Grilled Chicken GF | <i>Beef Empanada</i> | <i>Grilled Chicken BLT Salad</i> | <i>Fish and Chips</i> | <i>Arctic Char Filet GF</i> |
| | Ricotta Filled Pasta with a House Made Meat Sauce | Tomatoes, Cucumbers, Shaved Red Onions, Kalamata Olives, Feta Cheese, Greek Dressing | A Mixture of Ground Beef, Herbs & Spices Baked in Empanada Dough | Grilled Chicken, iceberg wedge, tomatoes, bacon, crumbled, blue cheese, and ranch dressing | Battered fish, lemon wedge, coleslaw and tartar sauce | With a Honey Mustard Glaze |
| <i>Cheese Blintzes</i> | <i>Sundried Tomato & Swiss Cheese Quiche</i> | Mexican Burrito Vegetable Rice Bowl | <i>Indian Samosas</i> | <i>Southwest Vegetable Chili</i> | <i>Sweet and Sour Tofu Stir Fry</i> | <i>Butterbean and Butternut Squash Crisp</i> |
| Served with a Berry Compote | Sundried Tomato & Swiss Cheese Mixed Together in a Savory Egg Battered in a Tart Shell Baked Till Golden Brown | Cilantro Lime Rice Topped with Black Beans, Pico de Gallo, Roasted Corn & Tofu Finished with a Drizzle of Guacamole | Served with a Tamarind Mint Sauce | Mixed Vegetables with Herbs & Spices, Served with Tortilla Chips | Tofu, Peppers, Onions, and Pineapple, in a Sweet Stir Fry Sauce | |
| Accompaniments | Accompaniments | Accompaniments | Accompaniments | Accompaniments | Accompaniments | Accompaniments |
| <i>Bacon & Sausage Patties</i> | <i>Steamed Broccoli</i> | Roasted Zucchini | <i>Pacific Vegetables</i> | <i>Peas & Carrots</i> | <i>Sauteed Squash mix</i> | <i>Green Beans</i> |
| <i>Mixed Vegetables</i> | <i>Potato Chips</i> | Cilantro Lime Rice | <i>Sweet Potato Fries</i> | <i>Tater Tots</i> | <i>Steak Fries</i> | <i>Traditional Dressing</i> |
| <i>Sweet Potato Mash</i> | | | | | | <i>Mashed Potatoes</i> |
| Desserts | Desserts | Desserts | Desserts | Desserts | Desserts | Desserts |
| <i>Assorted Desserts</i> | <i>Assorted Cupcakes</i> | Strawberry Mousse | <i>Lemon Raspberry Pound Cake</i> | <i>Fresh Baked Cookie</i> | <i>Chocolate mousse</i> | <i>Chocolate Yule Log</i> |
| <i>Cranberry Orange Cake NSA</i> | <i>NSA Chocolate Cream Pie</i> | <i>NSA Vanilla Pudding</i> | NSA Je/1-0 | NSA Chocolate Pudding | NSA Red Velvet | NSA Berry Mousse |

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|----------|---|---|--|--|---|----------|
| 12/19/21 | 12/20/21 | 12/21/21 | 12/22/21 | 12/23/21 | 12/24/21 | 12/25/21 |
| | <i>Special Salad</i> | <i>Special Salad</i> | <i>Special Salad</i> | <i>Special Salad</i> | <i>Special Salad</i> | |
| | Baby Spinach, Quinoa, Cranberries, Apples, Feta, Honey Balsamic | Asian Salad Mix, Oranges, Almonds, Toasted Sesame Dressing | Baby Kale, Cucumber, Red Onions, Apricot, Pecan, Champagne Vinaigrette | Pomegranate, Pear, Celeriac, Blood Orange Vinaigrette | Greens, Roasted Beets, Goat Cheese, Raspberry Vinaigrette | |
| | <i>Soupe, di! Jour</i> | <i>SoupduJour</i> | <i>SoupduJour</i> | <i>Soup du Jour</i> | <i>SoupduJour</i> | |
| | French Onion | Chicken Noodle | Farro and Chickpea Soup (V) | Italian Wedding Soup | New England Clam Chowder | |
| | <i>Entrees</i> | <i>Entrees</i> | <i>Entrees</i> | <i>Entrees</i> | <i>Entrees</i> | |
| | Roasted Pork Shoulder GF | Beef and Mushroom Stew | Terryaki Pork Stir Fry | Beef Fajitas | Veal Osso Buco GF | |
| | Dry rubbed and served with a honey garlic sauce | Slow cooked beef tenderloin, mushrooms, red wine, and demi glace | Tender Pork with Broccoli, Onions, and Peppers in an Stir Fry Sauce | Sliced Beef, Onions, and Peppers in a Tortilla. Served with Salsa and Sour Cream | Braised Veal in a Brown Sauce | |
| | Carribbean Style Chicken GF | Seafood Paella GF | Chicken Tikka Masala GF | Oven Roasted Cod GF | Bronzino Provencal GF | |
| | Cut whole Chicken, Slow Cooked with island seasoning | Shrimp, Scallops, Mussels and Clams in a saffron rice and vegetable mix | Marinated Chicken Thighs in tomato and Indian Spices | With a Lemon Butter Sauce | Fresh Mediterranean Sea Bass with Olives, Garlic and Tomatoes | |
| | Lentil Caponata GF | White Bean, Artichoke and Chard Ragout | Creamy Mushroom Polenta GF | Stir Fry Tofu and Vegetables GF | Mushroom Ravioli | |
| | A Traditional Sicilian Dish with Eggplant, Tomato, Lentil, and Celery | White beans and vegetables, cooked with tomatoes and garlic | Creamy Cornmeal with fresh Mushrooms | Tofu, and asian vegetables | With a Creamy Truffle Parmesan Sauce | |
| | <i>Accompaniments</i> | <i>Accompaniments</i> | <i>Accompaniments</i> | <i>Accompaniments</i> | <i>Accompaniments</i> | |
| | Vegetable Medley | Green Beans | Baby Bok Choy | Steamed Broccoli | Spinach | |
| | Plantains | Braised Cabbage | Cippolini Onions | Roasted Carrots | Roasted Root Vegetables | |
| | Rice and Beans | Lyonnais Potatoes | Basmati Rice | Barley Pilaf | Roasted Potatoes | |
| | <i>Desserts</i> | <i>Desserts</i> | <i>Desserts</i> | <i>Desserts</i> | <i>Desserts</i> | |
| | Pumpkin Cheesecake | Apple Crumble | Tiramisu | Carrot Cake | Chocolate Cake | |
| | NSA Peach Pie | NSA Meringue Pie | NSA Lemon Cake | NSA Cherry Pie | NSA Apple Pie | |