

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01/22/23	01/23/23	01/24/23	01/25/23	01/26/23	01/27/23	01/28/23
<b>Soup du Jour</b> Roasted Corn Chowder	<b>Soup du Jour</b> Black Bean (V)	<b>Soup du Jour</b> Italian Wedding Soup	<b>Soup du Jour</b> Chicken Tortilla Soup	<b>Soup du Jour</b> Vegetable (V)	<b>Soup du Jour</b> Lentil	<b>Soup du Jour</b> Pasta Fagioli (G)
<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
<b>Carved New York Strip Filet GF</b>	<b>Blackened Chicken Fajita Quesadilla GFA</b>	<b>Roast Beef Wrap GFA</b>	<b>Turkey Burger GFA</b>	<b>BBQ Beef Brisket GFA</b>	<b>Kendal Pizza GFA</b>	<b>Chili Dogs GFA</b>
Served with a Bordelaise Sauce	Cajun Seasoned Chicken Breast, Peppers, Onions, & Cheddar Cheese Grilled in a Tortilla	Roast Beef with Lettuce, Tomato, Onions, & Cheddar Cheese with a Horseradish Cream Sauce	Honey mustard sauce, lettuce and tomato on a pretzel bun	Beef brisket slow cooked till tender in BBQ sauce served on a fresh baked roll	Handmade Pizza's	All Beef Hot Dogs topped with Chili
<b>Smoked Salmon GF</b>	<b>Shrimp Louis Salad GF</b>	<b>Chicken Alfredo Pasta</b>	<b>Fish of the Day</b>	<b>The South Meets Asia Salad GF</b>	<b>Fried Chicken</b>	<b>Tortilla Crusted Tilapia</b>
Served with Capers, Hard Cooked Egg, and Onion	Shrimp salad in a creamy dressing garnished with cooked eggs served over mixed greens	Grilled Chicken , alfredo sauce and penne pasta	A seafood offering	Grilled Chicken, Black Bean + Corn Salsa, Tomatoes. Chopped romaine lettuce and cucumber dressing	Southern Style Breaded Fried Chicken	Filet of tilapia crusted with tortilla chips and herbs
<b>Pasta Primavera</b>	<b>Southwest Vegetable Chili GF</b>	<b>Grilled Eggplant Tower GF</b>	<b>Stuffed Shells</b>	<b>Vegetable Pot Stickers</b>	<b>Grilled Tofu Pesto GF</b>	<b>Pierogies</b>
Sliced peppers, onions, zucchini, tomatoes and spinach tossed in a light tomato velouté	Stewed Vegetables, Herbs, Spices, topped with Sour Cream, Red Onions, and Cheddar Cheese	Grilled eggplant, tomatoes, provolone and muenster cheese	Pasta Shells Filled with Ricotta Cheese and served with Tomato Sauce	Asian Dumplings Filled with Vegetables and Served with a Sweet Soy Sauce	Toasted Pinenuts, Sundried Tomatoes, and Balsamic Glaze	Pasta Pillows Filled with Potato, served with Onions
<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
<b>Asparagus</b>	<b>Broccoli &amp; Red Peppers</b>	<b>Steamed Vegetable Medley</b>	<b>Steamed Green Beans</b>	<b>Sauteed Zucchini</b>	<b>Sweet Peas and Carrots</b>	<b>Corn O'Brien</b>
<b>Potatoes au Gratin</b>	<b>Onion Rings</b>	<b>Crinkle Cut Fries</b>	<b>Roasted Potato Wedges</b>	<b>Barley Pilaf</b>	<b>Cornbread</b>	<b>Curly Fries</b>
<b>Bacon and Sausage</b>						
<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
<b>Assorted Desserts</b>	<b>Blueberry Pound Cake</b>	<b>Cheesecake</b>	<b>Chocolate Chip Brownie</b>	<b>Lemon Bars</b>	<b>Sour Cream Coffee Cake</b>	<b>Pumpkin Pie</b>
<b>NSA Cheesecake</b>	<b>NSA Chocolate Pudding</b>	<b>NSA Cookies</b>	<b>NSA Lemon Meringue Pie</b>	<b>NSA Apple Pie</b>	<b>NSA Chocolate Cream Pie</b>	<b>NSA Cookies</b>

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	<b>Soup du Jour</b> Chicken Succotash	<b>Soup du Jour</b> Lentil Soup (V)	<b>Soup du Jour</b> Chicken and Leek	<b>Soup du Jour</b> Cauliflower and Potato Soup (V)	<b>Soup du Jour</b> Carrot and Parsnip (V)	<b>Soup du Jour</b> Manhattan Clam Chowder
	<b>Special Salad</b> Roasted Beet & Goat Cheese	<b>Special Salad</b> Asian Salad	<b>Special Salad</b> Fall Quinoa Salad	<b>Special Salad</b> Baby Kale Salad	<b>Special Salad</b> Classic Wedge	<b>Special Salad</b> Baby Arugula
	<b>Entrees</b> <b>Chicken Teriyaki</b>	<b>Entrees</b> <b>Fall Kielbasa Sausage Skillet GF</b>	<b>Entrees</b> <b>Scottish Lamb Stew</b>	<b>Entrees</b> <b>Traditional Lasagna</b>	<b>Entrees</b> <b>Confit of Duck Leg GF</b>	<b>Entrees</b> <b>Bash Burger GFA</b>
	Marinated chicken thighs coated with a Teriyaki Glaze	Kielbasa sausage , onions. Peppers, potatoes and apples with a pan gravy		Ground beef, ricotta cheese, Tomato sauce and mozzarella cheese layered between sheets of pasta	Cherry and Shallot Compote	American cheese, bacon jam, pickles, garlic aioli
	<b>Cajun Shrimp Pasta</b>	<b>Chicken Maderia</b>	<b>Catch of the Day</b>	<b>Applewood Smoked Ham GF</b>	<b>Roasted Cod Provencal GF</b>	<b>Roasted Chicken GF</b>
	Peppers, onions, spinach, garlic cream sauce with a farfalle pasta	Chicken with Sauteed Mushrooms in a Maderia Wine Sauce		Slow cooked sliced ham served with a orange plum sauce	Cod filets baked and topped with white wine, tomatoes, garlic and olives	Fresh herb marinated Chicken
	<b>Vegetable Korma GF</b>	<b>Tofu Parmesan GF</b>	<b>Vegetarian Haggis</b>	<b>Stuffed Portobello Mushroom GF</b>	<b>Zoodles and Pesto GF</b>	<b>French Onion Quiche</b>
	Mixed Vegetables in an Indian Curry Sauce	Gluten Free Panko Breaded tofu served over tomato sauce and topped with mozzarella cheese		with Eggplant, Roasted Peppers, Tomato, Basil, and Mozzarella	Zucchini Sautess with Cherry Tomatoes, Basil, and Garlic	Savory Tart Shell with Egg, Onion, and Gruyere Cheese
	<b>Accompaniments</b> <b>Baby Bok Choy</b>	<b>Accompaniments</b> <b>Roasted Butternut Squash</b>	<b>Accompaniments</b> <b>Asparagus</b>	<b>Accompaniments</b> <b>Sauteed Mixed Squash</b>	<b>Accompaniments</b> <b>Sauteed Swiss Chard</b>	<b>Accompaniments</b> <b>Mixed Grilled Vegetables</b>
	<b>Steamed Carrots</b>	<b>Green Peas</b>	<b>Beets</b>	<b>Steamed Broccoli</b>	<b>Steamed Peas</b>	<b>Coleslaw</b>
	<b>Basmati Rice</b>	<b>Creamy Polenta</b>	<b>Smashed Potatoes</b>	<b>Roasted Potatoes</b>	<b>Roasted Sweet Potatoes</b>	<b>Potato Wedges</b>
	<b>Desserts</b> <b>Rocky Road Chocolate Cake</b>	<b>Desserts</b> <b>Fresh Fruit</b>	<b>Desserts</b> <b>Shortbread Cookie</b>	<b>Desserts</b> <b>Toasted Almond Cake</b>	<b>Desserts</b> <b>Crème Brulee</b>	<b>Desserts</b> <b>Chocolate Trio Mousse Cake</b>
	<b>NSA Cherry Pie</b>	<b>NSA Chocolate Treat</b>	<b>NSA Shortbread Cookie</b>	<b>NSA Cherry Cake</b>	<b>NSA Red Velvet Cake</b>	<b>NSA Lemon Meringue</b>