

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|---|--|--|
| 07/10/22 | 07/11/22 | 07/12/22 | 07/13/22 | 07/14/22 | 07/15/22 | 07/16/22 |
| Soup du Jour Roasted Corn Chowder | Soup du Jour Tortellini & Spinach (V) (G) | Soup du Jour Vegetable Soup (V) | Soup du Jour Chicken Mulligatawny | Soup du Jour Mexican Tortilla Soup | Soup du Jour Tomato Soup (V) | Soup du Jour Pasta Fagiola (G) |
| Entrees | Entrees | Entrees | Entrees | Entrees | Entrees | Entrees |
| Caprese Grilled Chicken GF | Pulled Pork Sliders | California Chicken Sandwich GFA | Chicken Malai Tikka Sandwich | Beef Quesadilla GFA | Kendal Pizza GFA | Hot Dogs |
| Grilled Chicken breast, Tomatoes, Fresh Mozzarella Freh Basil and Balsamic Reduction | Pulled pork with sauteed onions | Swiss Cheese, Bacon, Tomatoes, Baby Arugula Avocado Aioli, on an Artisnal Roll | Yougurt marinated chicken with Indian spices served over Nann Bread with a cucumber slaw and yogurt sauce | Tender pieces of beef cooked with onions, peppers, & Cheese in a Flour Tortilla | Handmade Pizza's | Served with Sauerkraut upon request |
| Smoked Salmon | BBQ Chicken GF | Chef's Salad GF | Delhi Ground Beef GF | Aroz Con Pollo GF | Broiled Filet of Sole GF | All American Burgers GFA |
| 0 | Slow cooked Chicken with a Tangy BBQ Sauce | Julienned Turkey, Ham, Tomatoes, Hard Cooked Egg, Cucumbers, Cheddar, Swiss, Chianese, Red | Ground beef cooked with green peas, potatoes and spices | Sauteed Chicken mixed with rice and vegetables | Baked with butter and white wine | Your choice of cheese served on a bun |
| Spring Bowtie Pasta | Grilled Vegetables Quinoa Bowl | Broccoli and Cheddar Quiche | Chickpea Curry GF | Penne A la Vodka | Black Bean and Corn Quesadillas | Gardenburgers |
| Shitake Mushrooms, Shallots, Sundried Tomatos, Spinach, Garlic, Parmesan White Wine Sauce | Eggplant, Zuchini, Yellow Squash, Red Peppers, Red Onions over Quinoa , Chopped Romaine, Cherry Tomatoes, Crumbled Feta Cheese, and Lemon Basil Vinaigrette | Eggs, Cheddar, and Broccoli in a Flaky Pie Crust | Sauteed Vegetables and Chickpeas in a coconut Curry Sauce | Pasta with a Creamy Tomato Sauce | Black Bean and Corn Salsa, Cheddar Jack Cheese | Vegetarian Burgers |
| Accompaniments | Accompaniments | Accompaniments | Accompaniments | Accompaniments | Accompaniments | Accompaniments |
| Bacon & Sausage Patties | Steamed Corn on the Cob | California Vegetables | Sauteed Spinach | Mexican Roasted Vegetables | Roasted Cauliflower | Coleslaw |
| Sauteed Carrots | Curly Fries | Kendal Potato Chips | Basmati Rice | Yucca Fries | Rosemary Potatoes | French Fries |
| Roasted Yukon Gold Potatoes | | | #REF! | | | |
| | | | | | | |
| Desserts | Desserts | Desserts | Desserts | Desserts | Desserts | Desserts |
| #REF! | | #REF! | | Fresh Fruit Cup * | | Fresh Fruit Cup * |
| Assorted Desserts * | New York Cheesecake * | Chocolate Cake * | Cookie of the Day * | Sour Cream Coffee Cake | Blondies | Blueberry Pound Cake |
| Cranberry Orange Cake NSA | NSA Cookies | NSA Pudding | NSA Brownies | NSA Cinnamon Swirl | NSA Chocolate Cream Pie | NSA Jello |

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| Soup du Jour Black Bean Soup (V) | Soup du Jour Chicken and Shitake Mushroom | Soup du Jour Green Vegetable Minestrone (V) | Soup du Jour Beef Vegetable | Soup du Jour Shrimp Bisque (G) | Soup du Jour Split Pea Soup (V) | |
| Special Salad | Special Salad | Special Salad | Special Salad | Special Salad | Special Salad | Special Salad |
| Mediterranean Quinoa | Classic Wedge | Asian Baby Kale | Kendal Spring Salad | Caprese salad | Citrus Salad | |
| Entrees | Entrees | Entrees | Entrees | Entrees | Entrees | Entrees |
| Grilled Italian Sausage Sausage, Baby Peppers, Grilled Onions, Roasted Tomatoes | Sweet Thai Chili Shrimp GFA Marinated Shrimp Sauteed with Bell Peppers, Pinapple, & Sweet Chili Sauce | Sole GFA Sole Filets Dredged in Flour, Sauteed, and served with a Lemon Butter Sauce | Chimmichuri Steak GF Grilled London Broil with a latin herb and garlic sauce | Apricot Glazed Chicken marinated chicken thighs finished with a fruit glaze | Veal Francaise Tender Veal, Egg Dipped, with a Lemon Sauce | |
| Seared Beef and Caramelized Shallots GF Tender Beef and Shallots in a Pan Gravy | Key West Chicken Chicken with a Cilantro Lime Marinade and a Mango Pinapple Salsa | Pork Teriyaki With Pineapple Teriyaki Sauce | Grilled Chicken Salad GF Grilled Chicken, Strawberries, Raspberries, Blueberries, and Purple Onion served over a bed of Field Greens, with a | Fresh Catch A Fresh Seafood Offering, TBA | Asian Beef Broccoli Tender beef. Stir fry sauce and fresh broccoli | |
| Vegetable Bean Chili GF with Tomato, peppers, assorted beans, and spices | Vegetable Korma GF Mixed Vegetables and Cashews in an Indian Curry Sauce | Grilled Vegetable Lasagna Grilled Vegetables, white beans, tomato sauce , ricotta cheese and mozzarella cheese | Greek Spinach Pie Spinach, Feta Cheese, & Onions in a Flaky Phyllo Dough | Zoodles Pesto GF Zucchini Noodles in a Basil Sauce | Stuffed Portabello Mushroom GF with Eggplant, Roasted Peppers, Tomato, Basil, and Mozzarella | |
| Accompaniments | Accompaniments | Accompaniments | Accompaniments | Accompaniments | Accompaniments | Accompaniments |
| Roasted Cauliflower | Steamed Carrots | Asparagus | Sauteed Mixed Squash | Mixed Grilled Vegetables | Sauteed Swiss Chard | |
| Sauteed Broccoli Rabe | Green Beans | Red and Golden Beets | Steamed Broccoli | Corn On the Cob | Steamed Peas | |
| Baked Potato | Basmati Rice | Lemon Scented Jasmine Rice | Roasted Potatoes | Mashed Sweet Potatoes | Buttered Egg Noodles | |
| Desserts | Desserts | Desserts | Desserts | Desserts | Desserts | Desserts |
| Toasted Almond Cake * | Bailey's Cake * | Fresh Cantalope | Cannoli Cake * | Watermelon | Tiramisu * | |
| NSA Jell-O | NSA Cherry Pie | NSA Lemon Cake | NSA Peach Pie | NSA Cheesecake | NSA Lemon Meringue | |