Delivery Charge \$5	Charge \$5 Call x1102 by 3PM for Dinner Delivery				<u>LUNCH</u> 1			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
05/14/23	05/15/23	05/16/23	05/17/23	05/18/23	05/19/23	05/20/23		
Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour		
Carrot Ginger (V)	Tomato Basil Soup (V)	Spring Vegetable (V)	Lentil Soup (V)	Beef Barley	Minestrone (V) (G)	Chicken Noodle (G)		
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees		
Mustard Glazed Salmon GF	Bash Burger GFA	Ham and Smoked Gouda Sandwich GFA	Roast Beef Wrap GFA	Chorizo and Chicken Quesadilla	Kendal Pizza GFA	Grilled C.B.T Sandwich GFA		
Honey Mustard Glazed with a Tomato Caper Relish	Beef Burger Topped with American Cheese, Bacon Jam, Pickles and Mayonnaise Sauce	Herb Aioli on Grilled Sour Dough Bread	Roast beef, lettuce, tomato and horseradish sauce	Flour Tortilla, Pepper, Onions Mexican Cheese, and sour cream	Handmade Pizza's	Cheddar, Bacon and Tomato on White Bread		
Carved Tenderloin of Beef GF	Cajun Shrimp Pasta	Chicken Cobb Salad GF	Grilled Chicken Sausage	Baked Tilapia GF	Buffalo Chicken Wings	Chicken Fingers		
Tenderloin of Beef with a	Parmesan Cream Sauce,	Grilled Chicken, Crumbled	Roasted apples and fennel	Baked Tilapie Filet	Chicken wings tossed in	With Honey Mustard and		
Port Wine Demi Glace	Onions, Peppers, Celery, Tomatoes, and Spinach	Bleu Cheese, Hard Boiled Eggs, Tomatoes, Crumbled	served on a light chicken		Hot sauce served with a side of blue cheese	BBQ Sauce		
Truffle Macaroni and	Three Bean Chili GF	French Onion	Kendal Pasta	Tempeh Stir Fry	Stuffed Portabella	Cheese Ravioli		
Cheese		Quiche			Mushrooms GF			
Cremini, Shitake, and Oyster Mushrooms with a Truffle Cheese Sauce	served with tortilla chips	Caramelized Onions and Gruyere cheese, and Egg custard baked in a Tart Shell	Sundried tomatoes, pesto, pinenes, EVOO, and shaved parmesan cheese	Tempeh with Stir Fry Vegetables	Spinach, Tomatoes and Provolone Cheese with a Tomato Coulis	Tomato Cream Sauce		
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments		
Bacon & Sausage Patties	Green Beans	Steamed Broccoli	Cole Slaw	Steamed Corn	Pacific Blend Vegetables	Steamed Carrots		
Steamed Asparagus	Crispy Potato Wedge	Sweet Potato Chips	Barley Pilaf	Yellow Rice	Oven Roasted Potatoes	French Fries		
Lyonaise Potatoes								
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts		
French Toast Bread Pudding	Carrot Cake	Lemon Pound Cake	Snickerdoodle Cookies	Fresh Pineapple	Crumb Cake	Chocolate Chip Brownies		
NSA Blondie	NSA Chocolate Cream Pie	NSA Strawberry Shortcake	NSA Cinnamon Swirl	NSA Jello	NSA Cookies	NSA Blondie		

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
05/14/23	05/15/23	05/16/23	05/17/23	05/18/23	05/19/23	05/20/23
	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour
	Chicken, Sausage	Pasta Fagiola (V) (G)	Mushroom & Truffle	Mexican Chicken	Connecticut Clam	Italian Wedding
	and White Bean		Bisque	Tortilla	Chowder	
	Special Salad	Special Salad	Special Salad	Special Salad	Special Salad	Special Salad
	Mediterranean Quinoa	Kendal Spring	Superfood Kale	Baby Arugula	Caprese	Classic Wedge
	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
	Chicken Marsala	Spring Lamb Ragout GF	Fresh Catch GF	Warm Steak Salad GFA	BBQ Pork Ribs	Bourbon Chicken GF
	Chicken Breast and Mushrooms, with a Marsala Wine Sauce	Slow Cooked Lamb with Tomato, served with Pappardelle Pasta	A fresh Seafood Offering	Grilled Steak Served over a Bed of Greens with Tomato, Crispy Onions, and Bleu Cheese	Slow Cooked Ribs with a Traditional BBQ Sauce	Chicken thighs cooked till tender and tossed ina bourbon sauce
	New England Baked Cod GF	Sesame Chicken	Roasted Pork Loin GF	Coconut Shrimp	Lemon and Herb Roasted Turkey	Beef Fajitas GFA
	Light Shellfish Velouté, Aromatic Vegetables, Chopped Bacon	Lightly battered chicken, tossed in a sesame garlic sauce	Spice Rubbed Tender Pork, Black Bean and Mango Salsa	Coconut Breaded Shrimp with a Tangy Sauce	Fresh Herb and lemon marinated turkey with a light pan sauce	Strips of Beef, onions, peppers, tomato salsa. Sour ceam and flour tortillas
	Grilled Peach Flatbread	Vegetable Pancakes GFA	Pesto Pasta and Beyond	Vegetable Moussaka	Asparagus, Onion & Goat Cheese Tart	Butter Bean and Roasted Tomato Ragout GF
	Grilled peaches, sauteed shallots, goat's cheese, shredded mozzarella, balsamic reduction and baby arugula	Served with Dill Yogurt	Beyond Sausage,Sundried Tomatoes, Pine Nuts, Pesto, Shaved Parmesan Cheese	Eggplant, Potatoes, Lentils, Tomatoes Bechamel Sauce	Vegetables and goat's cheese cooked in a savory pastry shell	Butter beans, roasted tomatoes, and aromatic vegetables
	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
	Rainbow Swiss Chard	Stir Fry Vegetables	Garlic Infused Zucchini	Sauteed Spinach	Braised Green Cabbage	Steamed Broccoli
	Baby Carrots	Steamed Cauliflower	Roasted Cherry Tomatoes	Roasted Vegetables	Golden Beets	Corn
	Roasted Potatoes	Jasmine Rice	Saffron Risotto	Quinoa and Brown Rice Pilaf	Yukon Gold Mashed Potatoes	Crispy Potato Wedge
	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
	Tiramisu	Key Lime Pie	Fresh Fruit	Chocolate Cake	Housemade Peach Crisp	Apple Pie
	NSA Cherry Pie	NSA Jell-O	NSA Chocolate Pudding	NSA Chocolate Cream Pie	NSA Lemon Cake	NSA Blueberry Cake