

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02/07/21	02/08/21	02/09/21	02/10/21	02/11/21	02/12/21	02/13/21
Special Salad	Special Salad	Special Salad	Special Salad	Special Salad	Special Salad	Special Salad
Cous Cous, Squash, Spinach, Cran	Arugula, Kale, Apple, Proscutto	Mixed Greens, Acorn, Squash, Broccoli Slaw	Mixed Greens, Pear, Walnut, Goat Cheese	Mixed Greens Beets, Apples, Almonds	Crudite w Hummus	
Soup du Jour Minestrone Alla Emilliana (V)	Soup du Jour Tortellini & Spinach Soup	Soup du Jour Red Lentil Soup	Soup du Jour Egg Drop Soup	Soup du Jour Moroccan Carrot Soup	Soup du Jour Zuppa Toscano	
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Beef Short Ribs Slowly Braised Beef Short Ribs in a Rich Red Wine Demi with Herbs, Spices & Vegetables	Grilled Pork Chop	Duck Confit Slowly Braised Duck Legs Till Fall Off the Bone Glazed with a Duck Jus	Pasta Bolognese Beef Bolgonese Sauce Slowly Cooked Tossed Together with Pasta	Pork Prime Rib	Italian Veal Stew Veal stewed with Tomatoes, herbs, and vegetables	
Lobster Ravioli Topped with a Lobster Sherry Cream Sauce	Rotisseie Chicken	Grilled Mahi Mahi Topped with an Italian Salsa Verde	Thai Chicken Curry Tender Chicken Breast cooked in yellow curry and coconut mix, with mixed vegetables	Branzino Topped with a Lemon Arugual Salad	Crab Cakes served with an avocado tartar sauce	
Southwest Stuffed Tomato A Mixture of Grains, Black Beans, Corn & Southern Spices in a Tomato Topped with Monterey Jack	Chickpea "pasta" Contains Cannellini Bean Puree, Toasted Walnuts, Cauliflower and Parsley	Broccoli Cheddar Quiche A Savory Egg Mixture Mixed Together with Cheddar Cheese & Broccoli Florets Baked in a Pie Shell Till	Tofu Stir Fry Crispy Tofu with vegetables and stir fry sauce	Red Lentil and Eggplant Moussaka Layers of Eggplant, Lentil Ragu, potatoes and Zucchini topped with a creamy bechamel	Vegetable Strudel Layers of Phyllo Dough Topped with a Mixture of Vegetables & Wild Rice Finished Balsamic Glaze	
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Green Beans	Glazed Beets	Sauteed Spinach	Green Peas	Broccoli Rabe with Garlic	Roasted Butternut Squash	
Cipollini Onions	Swiss Chard	Steamed Carrots	Lemon Roasted Cauliflower	Tomato Provencal	Steamed Broccoli	
Mashed Potatoes	Egg Noodles	Farro Pilaf	Bazmati Rice	Creamy Polenta	Roasted Potatoes	
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Pear Slices	Apricots	Apple Slices	Fruit Cup	Mango Salad	Mojito Fruit Salad	
Chocolate Cake	Peach Blueberry Struesel Pie	Lemon Raspberry Cake	German Chocolate Cake	Salted Caramel Cheesecake	Crème Brulee	
NSA Blueberry Pie	NSA Vanilla Cake	NSA Cheesecake	NSA Cherry Pie	NSA Carrot Cake	NSA Peach Pie	

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Soup du Jour Shrimp Bisque	Soup du Jour Chicken & Dumpling	Soup du Jour Lentil Soup	Soup du Jour Vegetable Barley	Soup du Jour Gumbo	Soup du Jour Manhattan Clam Chowder	Soup du Jour Loaded Potato Soup
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Chicken Cordon Bleu Topped with a Mornay Sauce	Jack Daniels BBQ Burger Tender Juicy Burger Topped with Whiskey BBQ Sauce, Cheddar Cheese, Lettuce, Tomato, Red Onion, Pickles, & Bacon on Top of Potato Bun	Chicken Quesadilla Served with Sour Cream & Salsa	Banhi Mi Sandwich Vietnamese Pork Slowly Cooked Till Fork Tender Topped with Pickled Vegetables & Cilantro Finished with a Mayo	Chicken Po Boy Crispy Chicken Bites Tossed Together in a Mayo Spice Mixture Topped with a Cabbage Slaw	Kendal Pizza Hand Tossed Pizzas	Turkey Club Layers of Sliced Turkey, Bacon, Tomato and Lettuce on Toasted White Bread with Mayonnaise
Eggs Benedict Freshly Poached Egg on Top of a Toasty Biscuit with Canadian Ham Finished with Hollandaise Sauce	Asian Chopped Salad Thinly Sliced Chicken Breast Tossed Together with Mixed Greens, Mandarin Oranges, Scallions, Napa Cabbage,	Texas Style Chili Ground Beef Mixed Together with Spices & Beans Slowly Stewed Topped with Sour Cream & Cheddar Cheese	Baked Flounder Topped with White Wine, Lemon & Butter	Chinese Pork Ribs Asian Pork Ribs Slowly Braised & Finished with a Hoisin Honey Glaze	Chili Lime Crusted Tilipia Served with Tropical Fruit Salsa	Baked Ziti with Meat Sauce Pasta Tossed with Meat Sauce, Ricotta & Mozzarella Cheese then Baked
Butternut Squash & Spinach Lasagna Layers of Roasted Butternut Squash & Spinach on Top of Pasta with Ricotta, Mozzarella Cheese & Bechamel Sauce Baked Till Golden	Tomato Caprese Stack Layers of Portabello Mushrooms, Tomatoes & Mozzarella Cheese Finished with Balsamic Glaze	Baked Potato Bar An Array of Toppings of Your Choice on Top of a Baked Potato	Mexican Lasagna Layers of Spinach Tortilla Topped with Corn, Salsa, Black Beans & Shredded Cheese Baked Till Melted	Tomato & Swiss Cheese Quiche Layers of Tomato & Swiss Topped with a Savory Egg Mixture Baked in a Pie Shell Till Golden Served with a Side Salad	Stuffed Portabello Mushroom Portabello Mushroom Stuffed with Spinach, Sundried Tomato & Mozzarella Cheese Finished with Balsamic Glaze	Vegetarian Paella Garden Vegetables Tossed with a Saffron Scented Rice
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Bacon & Sausage Patties	Mixed Vegetables	Sauteed Zucchini	String Beans & Tomatoes	Mixed Vegetables	Steamed Green Beans	Green Peas
Seasonal Vegetables	French Fries	Tater Tots	Cilantro Lime Rice	Sweet Potato Fries	Orzo Pilaf	Potato Chips
Home Fries						
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Mandarin Oranges	Million Dollar Cookies	Fruit Cup	Peach Slices	Fruit Cup	Grapefruit Segments	o
Chef's Choice Desserts	NSA Cinnamon Swirl Coffee Cake	Cupcake Du Jour	Boston Cream Pie	Raspberry Thumbprint Cookies	Sour Cream Cake	
NSA Apple Pie	44235	NSA Red Velvet Cake	NSA Brownie	NSA Chocolate Cake	NSA Chocolate Pudding	Kendal on Hudson