

LUNCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01/16/22	01/17/22	01/18/22	01/19/22	01/20/22	01/21/22	01/22/22
SoupduJour Chicken and Rice	Soup duJour Vegetable Orzo (V)	Soup du Jour Beef Noodle	SoupduJour Traditional Gumbo	SoupduJour Lentil & Spinach Soup (V)	SoupduJour Chicken & Dumpling	SoupduJour Split Pea Soup
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Carved Ham	Smoked Turkey Sandwich GFA	Pulled P9rk Quesadillas GFA	Buffalo Chicken Wrap GFA	Rueben GFA	Kendal Pizza	Steak a{ld Cheese GFA
	Thinly Sliced Smoked Turkey Breast with Melted Cheddar, Fresh Tomatoes, & Bacon Served on a Sourdough Roll	,Shredded BBQ Pork, CheddarCheese,and Sauteed onions. Served with Sour Cream and Salsa	Crispy Chicken Tenders tossed in Hot Sauce, with Chopped Tomatoes, Shredded lettuce and Blue Cheese Dressing	Sauerkraut, Russian Dressing, Swiss Cheese on Rye	House Made Cheese Pizza's	Thinly Sliced Beef, Onions, Peppers, and Provolone Cheese
Assorted Omelets and Pancakes	Cheese Ravioli with Bolognaise	Greek Salad with Grilled Chicken GF	Beef Empanada	Grilled Chicken BLT Salad	Fish and Chips	Chicken & Broccoli Stir Fry
	Ricotta Filled Pasta with a House Made Meat Sauce	Tomatoes, Cucumbers, Shaved Red Onions, Kalamata Olives, Feta r.haac.a. r.ick G.ing	A Mixture of Ground Beef, Herbs & Spices Baked in Empanada Dough	Grilled hicken, iceberg wedge, tomatoes, bacon, crumbled blue cheese, and r.inh. dressin	Battered fish, lemon wedge, coleslaw and tartar sauce	Crispy Chicken Tossed Together with Broccoli in a Stir Fry Sauce
Cheese Blintzes	Sundried Tomato & Swiss Cheese Qu(che	Indian Samosas	Mexican Burrito Vegetable Rice Bowl	Southwest Vegetable Chili	Sweet and Sour Tofu Stir Fry	Stuffed Rigatoni Pasta
Served with a Berry Compote	Sundried Tomato & Swiss Cheese Mixed Together in a Savory Egg Battered in a Tart Shell Baked Till Golden Brown	Served with a Mango Sauce	Cilantro Lime Rice Topped with Black Beans, Pico de Gallo, Roasted Corn & Tofu Finished with a Drizzle of Guacamole	Mixed Vegetables with Herbs & Spices, Served with Tortilla Chips	Tofu, Peppers, Onions, and Pineapple, in a Sweet Stir Fry Sauce	Cheese stuffed pasta with a vodka sauce
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
<b>Bacon &amp; Sausage Patties</b>	<b>Steamed Broccoli</b>	<b>Roasted Zucchini</b>	<b>Pacific Vegetables</b>	<b>Peas &amp; Carrots</b>	<b>Sauteed Squash mix</b>	<b>Green Beans</b>
<b>Mixed Vegetables</b>	<b>Potato Chips</b>	<b>Cilantro Lime Rice</b>	<b>Sweet Potato Fries</b>	<b>Tater Tot</b>	<b>Steak Fries</b>	<b>Steamed White Rice</b>
<b>Sweet Potato Mash</b>						
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
<b>Assorted Desserts</b>	<b>Assorted Cupcakes</b>	<b>Strawberry Mousse</b>	<b>Lemon Raspberry Pound Cake</b>	<b>Fresh Baked Cookies</b>	<b>Chocolate mousse</b>	<b>Brownies</b>
<b>Cranberry Orange CakeNSA</b>	<b>NSA Chocolate Cream Pie</b>	<b>NSA Vanilla Pudding</b>	<b>NSA Je/1-0</b>	<b>NSA Chocolate Pudding</b>	<b>NSA Red Velvet</b>	<b>NSA Blondies</b>

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01/16/22	01/17/22	01/18/22	01/19/22	01/20/22	01/21/22	01/22/22
	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>	
	Baby Spinach, Quinoa, Cranberries, Apples, Feta, Honey Balsamic	Asian Salad Mix, Oranges, Almonds, Toasted Sesame Dressing	Baby Kale, Cucumber, Red Onions, Apricot, Pecan, Champagne Vinaigrette	Pomegranate, Pear, Celeriac, Blood Orange Vinaigrette	Greens, Roasted Beets, Goat Cheese, Raspberry Vinaigrette	Arugula Mix, Cherry Tomatoes, Artichokes, Olives, Shaved Parm, Red wine Vinaigrette
	<b>Soup du Jour</b> French Onion	<b>Soup du Jour</b> Chicken Noodle	<b>Soup du Jour</b> Farro and Chickpea Soup (V)	<b>Soup du Jour</b> Italian Wedding Soup	<b>Soup du Jour</b> Italian Wedding Soup	<b>Soup du Jour</b> Butternut Squash Bisque
	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
	<b>Roasted Pork Shoulder GF</b> Dry rubbed and served with a honey garlic sauce	<b>Boeuf Bourguinon</b> Slow cooked beef tenderloin, mushrooms, red wine, and demi glace	<b>Teriyaki Pork Stir Fry</b> Tender Pork with Broccoli, Onions, and Peppers in an Stir Fry Sauce	<b>Beef Quesadilla</b> Sliced Beef, Onions, and Peppers in a Tortilla. Served with Salsa and Sour Cream	<b>Asian Pepper Steak</b> Sliced Beef, Onions, Peppers, with an Asian Sauce	<b>Mediterranean Chicken GF</b> Artichokes, Roasted Tomatoes, Portobello Mushrooms, Chicken Veloute
	<b>Caribbean Style Chicken GF</b> Chicken Thighs, Slow Cooked with island seasoning	<b>Seafood Paella GF</b> Shrimp, Scallops, Mussels and Clams in a saffron rice and vegetable mix	<b>Chicken Tikka Masala GF</b> Marinated Chicken Thighs in tomato and Indian Spices	<b>Oven Roasted Cod GF</b> With a Lemon Butter Sauce	<b>Fresh Catch of the Day</b>	<b>Beef Braised Short Ribs GF</b> Slowly Braised Beef Short Ribs in a Rich Red Wine Demi with Herbs, Spices &
	<b>Lentil Caponata GF</b> A Traditional Sicilian Dish with Eggplant, Tomato, Lentil, and Celery	<b>White Bean, Artichoke and Chard Ragout</b> White beans and vegetables, cooked with tomatoes and garlic	<b>Creamy Mushroom Polenta GF</b> Creamy Cornmeal with fresh Mushrooms	<b>Stir Fry Tofu and Vegetables GF</b> Tofu, and Asian vegetables	<b>Stir Fry Tofu and Vegetables GF</b> Tofu, and Asian vegetables	<b>Mushroom Ravioli</b> Truffle and Parmesan Sauce
	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
	<b>Vegetable Medley</b>	<b>Green Beans</b>	<b>Baby Bok Choy</b>	<b>Steamed Broccoli</b>	<b>Spinach</b>	<b>Asparagus</b>
	<b>Plantains</b>	<b>Carrots</b>	<b>Onions</b>	<b>Zucchini and Yellow Squash</b>	<b>Roasted Carrots</b>	<b>Cauliflower</b>
	<b>Rice and Beans</b>	<b>Lyonnais Potatoes</b>	<b>Basmati Rice</b>	<b>Baked Sweet Potato</b>	<b>Jasmine Rice</b>	<b>Roasted Potatoes</b>
	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
	<b>Pumpkin Cheesecake</b>	<b>Apple Crumble</b>	<b>Tiramisu</b>	<b>Flan</b>	<b>Carrot Cake</b>	<b>Chocolate Peanut Butter Cake</b>
	<b>NSA Peach Pie</b>	<b>NSA Meringue Pie</b>	<b>NSA Lemon Cake</b>	<b>NSA Cherry Pie</b>	<b>NSA Cherry Pie</b>	<b>NSA Dessert</b>