

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|--|---|---|
| 08101121 | 08102121 | 08103121 | 08104121 | 08105121 | 08106121 | 08107121 |
| Soup duJour Gumbo Soup | Soup duJour French Onion | Soup duJour Mexican Tortilla with Chicken | Soup duJour Lentil Soup | Soup duJour Spinach Florentine (V) | Soup duJour Minestrone (V) | Soup duJour Vegetable Barley (V) |
| Entrees | Entrees | Entrees | Entrees | Entrees | Entrees | Entrees |
| Chicken Francaise | Chicken Cobb Salad GF | French Dip | Grilled Smoked Turkey Sandwich GFA | Indian Curry Chicken GF | Kendal Pizza GFA | Grilled Ham & Cheese GFA |
| Egg Battered Chicken Breast with a Lemon Butter Sauce | Grilled Chicken, Crumbled Bleu Cheese, Hard Boiled Eggs, Tomatoes, Crumbled Bacon, & Avacado over Romaine Lettuce with a Buttermilk Ranch Dressing | Slow Roasted Beef & Swiss on a Roll with Au Jus on the side | Sliced Smoked Turkey with Apples, Brie Cheese, and Honey Mustard Spread on Pumpnickel Bread, Grilled | Tender Chicken Thighs Stewed with Curry and Potatoes | Handmade Pizza's | Layers of Ham and Swiss on County White Bread |
| Assorted Omelets GF | Bash Burger GFA | Oven Roasted Cod GF | Roasted Vegetable & Spinach Lasagna | Texas Chili/Cornbread | Grilled Chicken Thighs GFA | Baked Flounder GF |
| Egg Omelets Made to your Specification | Beef Burger Topped with American Cheese, Bacon Jam, Pickles and Mayonaise | Served with a Lemon Caper Sauce | Baked Layers of Pasta, Roasted Vgetables, Spinach, Ricotta, Marinara Sauce, & Mozzere... ('h... | Beef Chili Topped With Cornbread | Topped with a Georgia Peach BBQ Sauce | With White Wine, Lemon, & Butter |
| Cheese Blintzes | Stuffed Rigatoni with Vodka Sauce | Spinach & Feta Quiche | South of the Border SaladGF | Yaki Soba Noodles GFA | Penne Pesto Alfredo | Grilled Vegetable Stack GF |
| Served with a Berry Compote | Rigatoni Pasta stuffed with Ricotta Cheese, served in a Tomato Cream Sauce | Served over Mixed Greens with Vinaigrette | Mixed Greens topped with Corn, Beans, Red Onion, & Cheddar Cheese with an Avocado Cream Sauce | Sauteed with Fresh Vegetables in a Light Asian Sauce | Penne Pasta Tosseed with a Basil Cream Sauce | Layered Zucchini, Squash, Peppers, Mushrooms, Eggplant, & Fresh Mozzerella with a Balsmic Glaze |
| Accompaniments | Accompaniments | Accompaniments | Accompaniments | Accompaniments | | Accompaniments |
| Bacon & Sausage Patties | Green Beans | Corn Nibbles | Steamed Peas | Roasted Squash | Pacific Blend Vegetables | Spinach |
| Asparagus | | | | | | |
| Roasted Potatoes | Krinkle Kut French Fries | Sweet Potato Chips | Tater Tots | Basmati Rice | Oven Roasted Potatoes | Rice Pilaf |
| | | | | | | |
| Desserts | Desserts | Desserts | Desserts | Desserts | Desserts | Desserts |
| | Apple Sauce | Grapes | Pinapple Slices | Fruit Cup | Pear Slices | Mango Salad |
| Watermelon | Carrot Cake | Lemon Pound Cake | Whoopie Pies | Lemon Glazed Cookies | Crumb Cake | Chocolate Chip Brownies |
| Assorted Desserts | NSA Blueberry Pie | NSA Strawberry Short Cake | NSA Apple Pie | NSA Cinnamon Swirl | NSA Cookies | NSA Blueberry Pie |

DINNER

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|----------|--|--|--|---|--|--|
| 08101121 | 08102121 | 08103121 | 08104121 | 08105121 | 08106121 | 08107121 |
| | Special Salad | Special Salad | Special Salad | Special Salad | Special Salad | Special Salad |
| | Spinach, Quinoa, Berries, Honey Balsamic | Kale, Goat Cheese, Walnut, Cran, Rasp Vin | Wedge, Blue Cheese, Bacon, Creamy Parm | Corn & Black Bean, Lime Cilantro Vin | Asian Salad, Sesame Vinalette | Caprese Salad |
| | Soup duJour | Soup duJour | SoupduJour | Soup duJour | Soup duJour | SoupduJour |
| | Corn Chowder 01) | Pasta Fagiola (V) | Cream of Broccoli | Manhattan Clam Chowder | Cream of Tomato (V) | Indian Shrimp & Coconut Soup |
| | Entrees | Entrees | Entrees | Entrees | Entrees | Entrees |
| | Greek Lemon Chicken GF | Spagetti & Meatballs | Chicken Cacciatore GF | Carved Turkey Breast GF | Sauteed Trout Almondine GF | BBQ Pork Ribs |
| | Chicken Marinated with Herbs and Lemon, Baked | with house made Tomato Sauce | Chicken Pieces, Stewed with Peppers, Onions, Mushrooms, Garlic, Red Wine, & Marinara | Carved Roasted Turkey Breast with Gravy | Rainbow Trout with Almonds | Baby Back Ribs Coated with a Tangy BBQ Sauce |
| | Mojo Shrimp GF | Thai Curry Mussels GF | Sweet & Sour Pork | Cold Poached Salmon Salad GF | Chicken Marsala GF | Baked Cod |
| | Sauteed Shrimp with Orange Juice, Lime Juice, Garlic and Herbs | Mussels Cooked with Onions and Peppers in a Coconut Curry Cream | Battered Pork Loin in a Sweet and Sour Sauce | Chilled Salmon File! Served over a bed of Mixed Greens with Onion, Tomato, & Cucumber with Vinaigrette Dressing | Breast of Chicken with Mushrooms in a Marsala Wine Sauce | with Tomato, Basil and White Wine Sauce |
| | Cashew Cream Pad Thai | Mexican Lasagna | Spinach Ravioli | Zoodles Pesto GF | Tomato & Goat Cheese Tart | Vegetable Pancakes GFA |
| | Rice Noodles, Fresh Vegetables, & Cashews in a Pad Thai Sauce | Baked Layers of Spinach Tortilla, Corn, Black Beans, Salsa, & Cheddar Cheese | Served with Sundried Tomato Cream Sauce | Zucchini Noodles in a Basil Sauce | Tomato, Goat Cheese with Basil layered in a Tart Shell | Served with Dill Yogurt |
| | Accompaniments | Accompaniments | Accompaniments | Accompaniments | Accompaniments | Accompaniments |
| | Bok Choy | Grilled Mixed Vegetables | Sauteed Green Beans | Sauteed Spinach | Broccoli Rabe | Braised Collards |
| | Steamed Cauliflower | Steamed Broccoli | Steamed Carrots | Sauteed Mushrooms | Summer Succotash | Corn on the Cob |
| | Jasmine Rice | Coconut Rice | Barley Pilaf | Sweet Potatoes | Quinoa Pilaf | Potato Wedges |
| | Desserts | Desserts | Desserts | Desserts | Desserts | Desserts |
| | Tiramisu | NY Cheesecake | Strawberry Short Cake | Crepe Brulee | Coconut Cake | Blue Velvet Cake |
| | NSA Chocolate Cream Pie | NSA Je/1-0 | NSA Chocolate Pudding | NSA Cherry Pie | NSA Cookies | NSA Blueberry Pie |