

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09/19/21	09/20/21	09/21/21	09/22/21	09/23/21	09/24/21	09/25/21
Soup duJour Tomato Basil Soup	Soup duJour Chicken Gumbo	Soup duJour Escarole & White Bean (V)	Soup duJour Pasta Fagiola	Soup duJour French Onion Soup	Soup duJour Beef Barley	Soup duJour Black Bean & Ham Soup
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Carved Ham GF	Hickory Burger GFA	Chicken Salad Melt GFA	Sausage & Peppers Sandwich GFA	Chicken Tikka Sandwich on Naan	Kendal Pizza GFA	Philly Cheesesteak GFA
Served with Jus	Angus Beef Burger with Cheddar, Bacon, and Hickory BBQ Sauce	White Meat Chicken Salad with Cheddar Cheese and Tomato Grilled on Pumpernickle Bread	Italian Sausage and Sauteed Peppers with Mozzarella Cheese and Marinara Sauce	Served with Cucumber Salad	Handmade Pizza's	Sliced Beef, Cheese, Peppers, & Onions served on a Roll
Smoked Salmon Eggs Benedict	Shrimp Salad Sandwich GFA	Sole Piccata	Crispy Chicken Salad	Quiche Lorraine	Chicken Lo Mein	BBQ Grilled Chicken Breast GF
Served with Hollandaise Sauce	Shrimp Salad Sandwich served on a Croissant	Sole Filets with Lemon & Caper Sauce	Field Greens Topped with Crispy Chicken, Corn, Black Beans, Tomatoes, and Onion		Mixed Vegetables, Lo Mein Noodles, and a Light Asian Sauce tossed over high heat	Boneless Chicken Breast with Traditional BBQ Sauce
Assorted Omelets and Pancakes	Stuffed Shells Florentine	Tofu Kabobs	Zoodles Putanesca GF	Cavatelli Pasta with Marinara	Vegetable Emapanadas	Pasta Primavera
	Pasta Shells served with a Spinach Cream Sauce		Zucchini Noodles in an Olive and Caper Tomato Sauce	Pasta with Tomato Sauce	Vegetables and Cheese folded into a Flour Tortilla Shell and Fried	Pasta with Fresh Vegetables, Garlic, and Olive Oil
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Bacon & Sausage Patties	Sauteed Zucchini	Dill Honey Glazed Carrots	Green Beans	Vegetable Medley	Steamed Broccoli	Garden Vegetables
Chef's Blend Vegetables						
Mashed Potatoes	French Fries	Wild Rice	Onion Rings	Kendal Chips	Fried Plantains	Tater Tots
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Pear Slices	Grapes	Peaches	Fruit Cup	Mandarin Oranges	Watermelon Slices	Canta/ope Slices
Chef's Choice Desserts	Blondies	Cookies	Whoppie Pies	Assorted Cookie Bars	Princess Brownie	Marble Pound Cake
NSA Bleuberry Pie	NSA Cookies	NSA Vanilla Mousse	NSA Brownies	NSA Peach Pie	NSA Smoothies	NSA Vanilla Pudding

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	Special Salad		Special Salad		Special Salad	
Spinach, Quinoa, Berries, Honey Balsamic	Kale, Goat Cheese, Walnut, Cran, Rasp Vin	Wedge, Blue Cheese, Bacon, Creamy Parm	Corn & Black Bean, Lime Cilantro Vin	Asian Salad, Sesame Vinagrette	Caprese Salad	
Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup di.JJour	
Beef Barley	Caramelized Onion & Mushroom (V)	Chilled Gazpacho Soup (V)	Italian Wedding	Lentil Soup (V)	Vegetable Barley (V)	
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	
Garlic Bourbon Chicken Thighs GF	Cypress Chicken	Sliced London Broil GF	Lamb Burger	Kung Po Shrimp	Tandori Chicken Leg Quarters GF	
Searched Chicken Thighs with a Bourbon Glaze	Boneless skinless chicken breast, lightly floured, sauteed with a white wine tomato sauce and topped with mozzarella cheese	Grilled Sliced London Broil Beef served with a horseradish cream sauce	Fresh Ground Lamb Patty with Feta, Lettuce, Tomato, & Onion Served with a Taziki Sauce	Battered Shrimp in a Sweet Thai Chili Sauce	Tandori Chicken Thighs and Legs,Served with Chutney	
Seafood Paella GF	Barramundi GF	BBQ Pork Ribs GF	Grilled Chicken & Peach Salad GF	Moroccan Beef GF	Catch of the Day	
Shellfish in a Saffron Rice	Fresh Barramundi fish file! with a lemon butter	Baby Back Ribs in a Traditional BBQ Sauce	Grilled Chicen Breast and Grilled Fresh Peaches over a Bed of Field Greens	Tender Beef, Raisins, Ginger, in a rich wine sauce	Today's Fresh Seafood	
Greek Spinach Pie	Vegetable Korma	Vegetable Tofu Stir Fry	Stuffed Portobel/o Mushroom	Vegetable Lo Mein	Beyond Sausage & Peppers GF	
Spinach and Feta Cheese in a Flaky Phyllo Crust	Indian Curry Stew with Vegetables		Marinated Mushroom Stuffed with Tomatoes, Spinach, Roasted Pepper, and topped with Provolone Cheese	Vegetables Tossed in a Light Asian Sauce	Pasta with Beyond Sausage, Broccoli, Garlic, & Olive Oil	
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	
Mixed Vegetables	Sauteed Bok Choy	Corn on the Cob	Roasted Cipollini Onions	Stir Fried Asian Vegetables	Sauteed Swiss Chard	
Green Peas	Cauliflower	Steamed Broccoli	Asparagus	Sugar Snap Peas with Garlic	Rainbow Carrots	
Roasted Sweet Potatoes	Basmati Rice	Potato Wedges	Barley Pilaf	Jasmine Rice	Roasted Potatoes	
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	
Key Lime Pie	Napoleon Cake	Salted Caramel Cheesecake	Carrot Cake	Cannolis	Chocolate Peanut Butter Cake	
NSA Apple Pie	NSA Orange Cranberry Bread	NSA Lemon Loaf	NSA Chocolate Velvet Cake	NSA Cookies	NSA Chocolate Pudding	