

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01/01/23	01/02/23	01/03/23	01/04/23	01/05/23	01/06/23	01/07/23
Soup du Jour Turkey Vegetable	Soup du Jour Chicken Muligatawny	Soup du Jour Tomato (V)	Soup du Jour Chinese Pork Noodle Soup (G)	Soup du Jour Confetti Vegetable Soup (V)	Soup du Jour Potato and Cauliflower (V)	Soup du Jour Ginger Acorn Squash (V)
Shrimp Cocktail						
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Salmon Filet	Turkey BLT	Buffalo Chicken Wrap GFA	Beef Quesadilla	Cuban Style Pulled Pork Sandwich GFA	Kendal Pizza GFA	CBT Sandwich GFA
with a Mustard Glaze and a Tomato Caper Relish	Turkey, Bacon, Lettuce, Tomato, and Mayonaise	Crispy Chicken tenders tossed in hot sauce, with chopped tomatoes, shredded Lettuce, and blue cheese dressing	Tender Beef and Cheddar Cheese in a Folded Tortila	Sliced ham, Pulled pork, Swiss chees, pickles, mustard on a fresh baked roll	Handmade Pizza's	Cheddar, Bacon and tomato on grilled white bread
Eggs Benedict	Cobb Salad GF	Kielbasa and Cabbage GF	Sesame Chicken	Fish of the Day	Oven Roasted Chicken Wings	Chicken Parmesan
Poached Eggs with Ham and Hollandaise on an English Muffin	Grilled Chicken, tomatoes, diced bacon, crumbled blue cheese, avocado , cooked egg, chopped romaine	Kielbasa sausage and cabbage sauteed	Crispy chunks of chicken tossed in a sesame garlic sauce	Preperation changes	Seasoned chicken wings baked	Breaded chicken topped with tomato sauce and mozzarella cheese
Manicotti	Eggplant Tower GF	Spinach and Chickpea Curry	Vegetable Spring Rolls	French Onion Quiche	Macaroni and Cheese	Penne a la Vodka
Pasta Filled with Ricotta Cheese, served with Tomato Sauce	Grilled Eggplant, Provlone, Muenster Cheese and Tomato Sauce	Fresh Pinach and chickpeas ina creamy curry sauce	Asian vegetables wrappen in a thin dough and fried	Savory Tart Shell with Egg, Onion, and Gruyere Cheese	Pasta with a Cheese Sauce	Classic creamy tomato sauce with parmesan cheese
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Bacon & Sausage Patties	California Vegetables	Carrots	Green Beans	Corn Au Brien	Steamed Broccoli	Garden Vegetables
Steamed Broc/Cauli/Carrots	Basmati Rice	Onion Rings	Steamed White Rice	Kendal Chips	Potato Wedges	Tater Tots
Rice Pilaf						
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
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Chef's Choice Desserts	Blondies	Cookies	Whoppie Pies	Assorted Dessert Bars	Princess Brownie	Marble Pound Cake
NSA Bleuberry Cake	NSA Cookies	NSA Vanilla Pudding	NSA Brownies	NSA Peach Pie	NSA Lemon Meringue	NSA Chocolate Pudding

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	Soup du Jour Chicken Noodle	Soup du Jour Vegetable Gumbo (v) (G)	Soup du Jour Lentil	Soup du Jour Parsnip and Sweet Potato (V)	Soup du Jour Seafood Chowder(G)	Soup du Jour Carrot and Ginger
	Special Salad Roasted Beet & Goat Cheese	Special Salad Asian Salad	Special Salad Fall Quinoa Salad	Special Salad Baby Kale Salad	Special Salad Classic Wedge	Special Salad Baby Arugula
	Entrees Moroccan Beef GF	Entrees Chicken Pot Pie	Entrees Seafood Cake	Entrees Braised Chicken Thighs	Entrees Lamb Kofta Curry	Entrees Chicken Osso Bucco GF
	Slow cooked tenderloin with toasted spices, aromatic vegetables, chickpeas and raisins	Sauteed chicken and vegetables in a creamy veloute topped with puff pastry	A Breaded Cake with Shrimp, Crab, and Scallops, Served with a Remoulade Sauce	Chicken Thighs Braised with Potatoes, Tomatoes, and Onions	Lamb meatballs cooked in indian curry spices	Braised chicken, White wine, tomatoes and aromatic vegetables
	New Orleans Pasta Chicken, sausage, onions, peppers, Roasted garlic cream sauce	Barramundi GF Barramundi fish filet with a lemon butter	Beef Brisket Braised Beef in Brown Beef Gravy	Catch of the Day Today's Fresh Seafood	BBQ Pork Ribs GF Baby Back Ribs in a Traditional BBQ Sauce	All American Burger GFA American cheese lettuce and tomato on a bun
	Tofu and Cauliflower Rice GF Sauteed tofu, peppers onions, peas, carrots, tomatoes and cauliflower rice	Mushroom Ravioli Cremeni, shitake and oyster mushrooms with a truffle cream sauce	Vegetable Korma GF Mixed Vegetables in an Indian Curry Sauce	Fall Vegetable Gnocchi Seasonal Fall Harvest Vegetables with Potato Pasta in a Vegetable Veloute	Quinoa Succotash GF Lima beans, quinoa, corn kernels, onions, peppers, and light seasoning	Grilled Portobello Mushroom BurgerGFA Marinated Portobello Mushroom with Lettuce and Tomato on a bun
	Accompaniments Mixed Vegetables	Accompaniments Roasted Brussels Sprouts	Accompaniments Braised Fennel and Carrots	Accompaniments Roasted Cipollini Onions	Accompaniments Steamed Broccolini	Accompaniments Roasted Vegetables
	Green Peas	Cauliflower	Steamed Broccoli	Asparagus	Roasted Parsnips	Steamed Carrots
	Baked Sweet Potatoes	Smashed Yukon Gold Potatoes	Barley Pilaf	Potato Wedges	Basmati Rice	Roasted Potatoes
	Desserts Key Lime Pie	Desserts Napoleon Cake	Desserts Fresh Fruit	Desserts Carrot Cake	Desserts Indian Rice Pudding	Desserts Baked Apple Pie
	NSA Apple Pie	NSA Cherry Cake	NSA Lemon Loaf	NSA Chocolate Velvet Cake	NSA Blueberry Cake	NSA Chocolate Pudding