

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09/25/22	09/26/22	09/27/22	09/28/22	09/29/22	09/30/22	10/01/22
<b>Soup du Jour</b> Potato and Cauliflower Soup	<b>Soup du Jour</b> Minestrone (V)	<b>Soup du Jour</b> Chicken and Cabbage Soup	<b>Soup du Jour</b> Lentil Soup (V)	<b>Soup du Jour</b> Potato Leek	<b>Soup du Jour</b> Hearty Vegetable (V)	<b>Soup du Jour</b> Manhattan Clam Chowder
<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
<b>Roasted New York Sirloin of Beef GF</b> Peppercorn Sauce	<b>Mediterranean Chicken Wrap GFA</b> Grilled Chicken Breast, Kalamata Olives, Feta Cheese, Lettuce, Tomato, & Purple Onion with a Greek Vinaigrette Dressing	<b>Ruben Sandwich GFA</b> Thinly Sliced Corned Beef, Swiss Cheese, Sauerkraut, & Thousand Island Dressing, Grilled on Rye Bread	<b>Chicken Fajita Pitas GFA</b> Peppers, onions, cheddar cheese, tomato salsa	<b>Turkey Club Wrap</b> Sliced Turkey, Bacon, Lettuce, Tomato, & Mayonaise in a Wrap	<b>Kendal Pizza GFA</b> Handmade Pizza's	<b>Classic Grilled Cheese GFA</b> White bread, and american cheese
<b>Eggs Benedict</b> Hollandaise, Canadian bacon. English muffin	<b>Chili con carne GF</b> ground beef, sauteed vegetable, topped with cheddar cheese	<b>Mussels Marinara GF</b> Steamed Mussels, tomato sauce, and garlic bread	<b>Sweet and Sour Pork GF</b> Tender pork, peppers, onions tossed in a sweet and sour sauce	<b>Chicken, Berries, &amp; Arugula Salad GF</b> Grilled Chicken over Fresh Arugula Tossed with Berries, Purple Onion, Almonds, topped with a	<b>Tilapia GF</b> Roasted Corn and Black Bean Salsa	<b>Chicken Marsala</b> Chicken Breast Dredged in Flour, Sauteed with a Marsala Cream Sauce
<b>Stuffed Shells</b> Shell Shaped Pasta, filled with Ricotta Cheese, with Tomato Sauce	<b>Asparagus and Goat's Cheese Frittata</b> Egg Custard cooked with Asparagus and Goat's Cheese	<b>Penne Alfredo</b> Penne Pasta in a Creamy Sauce	<b>Stir Fry Vegetables</b> Napa Cabbage, peppers, onions, broccoli, waterchestnuts, edamame beans, in a stir fry sauce	<b>Zoodles with Pesto GF</b> Fresh Zucchini Noodles with a Basil Sauce	<b>Grilled Portabello Mushroom Stack GF</b> Grilled Portabello Mushroom topped with Zucchini, Tomato, Eggplant, and Mozzarella, served with Balsamic Glaze	<b>Mediterranean Quiche</b> Feta cheese. Kalamata olives, and spinach
<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
<b>Bacon &amp; Sausage Patties</b>	<b>Pacific Vegetable Blend</b>	<b>Roasted Zucchini</b>	<b>Chef's Blend Vegetables</b>	<b>Cole Slaw</b>	<b>Steamed Broccoli and Carrots</b>	<b>Green Beans</b>
<b>Haricot Verts</b>	<b>Sweet Potato Fries</b>	<b>French Fries</b>	<b>Steamed White Rice</b>	<b>Roasted Potatoes</b>	<b>Rice Pilaf</b>	<b>Potato Wedges</b>
<b>Lyonnaise Potatoes</b>						
<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
<b>Assorted Desserts</b>	<b>New York Cheesecake</b>	<b>Lemon Bars</b>	<b>Brownies</b>	<b>Chocolate Cake</b>	<b>Raspberry Pound Cake</b>	<b>Carrot Cake</b>
<b>NSA Apple Pie</b>	<b>NSA Chocolate Pudding</b>	<b>NSA Peach Pie</b>	<b>NSA Lemon Cake</b>	<b>NSA Cinnamon Swirl</b>	<b>NSA Cookies</b>	<b>NSA Lemon Meringue Pie</b>

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<b>Soup du Jour</b> Matzo Ball Soup	<b>Soup du Jour</b> Mushroom Bisque (V)	<b>Soup du Jour</b> Mexican Chicken Tortilla Soup	<b>Soup du Jour</b> Green Minestrone (V)	<b>Soup du Jour</b> Tuscan Bean Soup (V)	<b>Soup du Jour</b> Chicken Vegetable	<b>Soup du Jour</b> Chicken Vegetable
<b>Special Salad</b> Mediterranean Salad	<b>Special Salad</b> Classic Wedge	<b>Special Salad</b> Asian Baby Kale	<b>Special Salad</b> Kendal Spring Salad	<b>Special Salad</b> Caprese salad	<b>Special Salad</b> Citrus Salad	<b>Special Salad</b> Citrus Salad
<b>Entrees</b> <b>Braised Brisket of Beef GF</b> Served with Beef Gravy	<b>Entrees</b> <b>Pan Seared Seafood Cakes</b> Shrimp, crab and scallops served with a New England style tartar sauce	<b>Entrees</b> <b>Moroccan Chicken GF</b> Tender Chicken Thighs cooked with Moroccan spices, dried apricot,	<b>Entrees</b> <b>Oven Baked Chicken</b> Chicken on the Bone, Seasoned and Roasted in the Oven	<b>Entrees</b> <b>Traditional Meatloaf</b> Ground Beef Baked with Sautéed Onions	<b>Entrees</b> <b>Grilled Chicken Thighs</b> Herb, and Garlic marinated and served with a natural chicken jus	<b>Entrees</b> <b>Grilled Chicken Thighs</b> Herb, and Garlic marinated and served with a natural chicken jus
<b>Poached Salmon Filet GF</b> Served with Dill Sauce	<b>Roasted Pork GF</b> Thick portions of tender pork Served with a brandy Mushroom Sauce	<b>Tilapia Filet</b> White Fish with an Herb Butter Sauce	<b>BBQ Ribs GF</b> Slow cooked Ribswith atangy BBQ Sauce	<b>Mediterranean Chicken GF</b> Chicken thighs, artichokes, kalamata olives, roasted tomatoes	<b>Housemade Meatballs</b> Housemade meatballs in marinara sauce	<b>Housemade Meatballs</b> Housemade meatballs in marinara sauce
<b>Roasted Vegetable Quinoa</b> 0	<b>Roasted Vegetable Ragout GF</b> Assorted Roasted Vegetables and White Beans in a light tomato stew	<b>Ginger Orange Grilled Tofu</b> Grilled Tofu Steaks with a Ginger Orange Sauce	<b>Spinach and Chickpea Curry GF</b> Chickpeas and Fresh Spinach in a Curry Cream Sauce	<b>Corn Cakes</b> Served with a Summer Salsa	<b>Eggplant Rolatini</b> Tomato sauce, ricotta and mozzarella cheese	<b>Eggplant Rolatini</b> Tomato sauce, ricotta and mozzarella cheese
<b>Accompaniments</b> <b>Potato Kugel</b> <b>Carrot Tzimmes</b> <b>Asparagus</b>	<b>Accompaniments</b> <b>Garlic Green Beans</b> <b>Steamed Vegetable Medley</b> <b>Saffron Rice</b>	<b>Accompaniments</b> <b>Asparagus</b> <b>Blistered Cherry Tomatoes</b> <b>Basmati Rice</b>	<b>Accompaniments</b> <b>Corn on the Cob</b> <b>Traditional Coleslaw</b> <b>Potato Wedges</b>	<b>Accompaniments</b> <b>Sauteed Spinach</b> <b>Steamed Carrots</b> <b>Sour Cream Mashed Potatoes</b>	<b>Accompaniments</b> <b>Beets</b> <b>Broccoli</b> <b>Spaghetti</b>	<b>Accompaniments</b> <b>Beets</b> <b>Broccoli</b> <b>Spaghetti</b>
<b>Desserts</b> <b>Apple Raisin Strudel</b> <b>Macaroons GF</b>	<b>Desserts</b> <b>Pineapple</b> <b>NSA Apple Pie</b>	<b>Desserts</b> <b>Key Lime Pie</b> <b>NSA Cheesecake</b>	<b>Desserts</b> <b>Toasted Almond Cake</b> <b>NSA Blueberry Pie</b>	<b>Desserts</b> <b>Watermelon</b> <b>NSA Lemon Cake</b>	<b>Desserts</b> <b>Limoncello Mascarpone Cake</b> <b>NSA Cherry Pie</b>	<b>Desserts</b> <b>Limoncello Mascarpone Cake</b> <b>NSA Cherry Pie</b>