

Kendal on Hudson SPOTLIGHT

Events: Week of January 22, 2024

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 1/22	7:30	Residents Association Annual Meeting (see p.3 and agenda p.6) NO MOVIE	GR
Tue 1/23	1:30 8:00	Shopping: Tarrytown 9:30 – 11:00 and 1:00 – 2:30 Class: “The Age of Revolution: The French Revolution in the New World,” Instructor: Prof. Edward Berenson (by subscription) Movie: <i>Buena Vista Social Club</i> (1999, 1h 45m) Aging Cuban musicians whose talents had been virtually forgotten following Castro’s takeover of Cuba, are brought out of retirement by Ry Cooder.	GR Ch 970
Wed 1/24	5:00 8:00	Sip and Snack Movie: <i>12 Years a Slave</i> (2013, 2h 14m) In the antebellum United States, Solomon Northrup, a free black man from upstate New York, is abducted and sold into slavery.	GR Ch 970
Thu 1/25	7:30	Robert Burns Night (see p. 3) NO MOVIE	GR
Fri 1/26	5:00 8:00	Shoprite/Thornwood 9:30 – 10:45 / Ossining 1:00 – 2:15 & 1:45 – 3:00 Sip and Snack Movie: <i>Uptown Girls</i> (2003, 1h 32m) A grown-up woman who kept her childish instincts and behavior starts working as the nanny of an 8-year-old girl who actually acts like an adult. But everything ends right-side-up.	GR Ch 970
Sat 1/27	1:00 8:00	Opera: <i>Tosca</i> by Giacomo Puccini (see p. 5) Movie: <i>Barbarians at the Gate</i> (1993, 1h 47m) The president of a major tobacco company decides to buy the company himself, but a bidding war ensues as other companies make their own offers.	GR Ch 970
Sun 1/28	2:00 8:00	Memorial for Susan Lichten (see p.4) Movie: <i>The Bellboy</i> (1960, 1h 12m) Mute bellboy Stanley works at the luxurious Fontainbleu Hotel in Miami Beach. In spite of being a serviceable and friendly employee, the clumsy Stanley gets successively into trouble with his mistakes.	GR Ch 970

KoH TV Channel 970

Round-the-Clock: Rue des Artistes “Kaleidoscope”

3:00 pm:

Mon-Fri, Jan 22-26: Talk: *A Dark, A Light, A Bright: The Designs of Dorothy Liebes and Shirley Wu-Zanger*. 2024.

Sat & Sun, Jan 27-28: Great Course: The U.S. Constitution through History
Lecture 7: Constitutional Issues of Westward Expansion
Lecture 8: The Law of Slavery under the Constitution

4:30 pm: Concert: Rebel Early Music, 2019

8:00 pm: Movies: as listed above

Deadline for Jan 29 issue of Spotlight is Wed, Jan 24. Type or print submissions and email to:

Spotlight@kohudres.org or place them with your name in the Spotlight cubby.

Editors: Jennifer Gardy, Ursula Hahn, Sally Kellock, Carlisle Spivey

Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30.	BIS
Italian	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15 Wed/Fri/Sun 7:15 pm	RCR
Open Studio	Sat 10 am-12	ART
Poetry Reading	4 th Wed 4:00PM	CLE3
Quilting	1 st & 3 rd Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

Staffed Fitness Center Tue–Fri, 8:30–3:30

All classes are subject to change
Fitness Classes

Stretch & Balance:	Wed, Fri 9:30 (Zoom)
Pilates:	Wed 10:15 & 11:15
Resistance Bands:	Wed, Fri 12:30
Tai Chi:	cancelled this week
Water Aerobics:	Tue & Fri 10:45
Chair Yoga:	Tue 12 noon
Zumba Gold:	Tue 2:00
Cornhole:	Wed 1:30
Mat Yoga:	Thu 12 noon
Mindful Movement & Meditation:	Thu 1:15
Pool:	Tue-Fri, 9–4, Sat 9–3
Guest Swim:	Tue–Sat, 1–3
Fitness Center & Pool closed 12-1 pm	

Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.
Browse/borrow 24/7 in library and from
carousels in elevator lobbies.

Library Catalog:
librarycat.org/lib/2blackcats

Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)
Call ext 1030 for appointment.

Services

Blood Pressure Clinic:	2 nd & 3 rd Mon, 8-noon
Bloodwork:	Wed from 7:45 am
Drug Take-Back Days:	1 st Mon, 9 am – noon
For additional services, call x1030	

Locations

<u>All in Mary Powell except CLE</u>	
BIS	Bistro
CLE	Clermont
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level) <u>On C Level</u>
ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

Kendal Dining

Please send comments to:
diningcomments@kohud.kendal.org

Bistro

Monday – Saturday

Breakfast	8:00 am-10:00 am
Lunch	11:30 am-1:30 pm
Coffee and Hot Tea	2:30 pm-3:30 pm
Dinner	5:00 pm-7:30 pm

Sunday

Brunch	11:00 am-1:30 pm
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Formal Dining Room

Tuesday – Saturday

Dinner	5:00 pm – 7:30 pm
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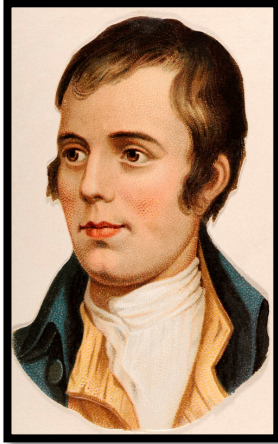
Reservations

required for waited service at 5:00, 5:30, 6:00
or 6:30 pm. Use Open Table on Residents
website or CATIE, or call front desk x1000.

Please Be on Time!

Religious Services

Catholic Mass:	Sundays, 12:15	GR
Quaker Meeting:	Sundays, 11:00 am	RCR
Service of Prayers	1 st & 3 rd Tue 1:00 pm	SUN
Shabbat Services:	2 nd & 4 th Fri 4:30 pm	PDR



Robert Burns Night at KoH

On **Thu, Jan. 25**, join us in the Gathering Room to celebrate the poetry and songs of the famed Scottish poet, Robert Burns, whose birthday celebration is a tradition shared around the world. At **7 pm**, explore the exhibit of Burns paintings and sculpture, nibble a shortbread cookie, and listen to some prelude music. At **7:30**, enjoy the reading of Burns classics and join in singing some familiar songs.

New Biography Posted

We invite you to read the biography of Maureen M., just posted by the window across from the Main Street bulletin board.

Notice from the Residents Council Chair:

I hope to see everyone at the 2024 Annual Meeting on Jan 22 at 7:30 in the Gathering Room. Come hear about the 2024 Annual Report and celebrate the many KoH accomplishments in 2023. In addition you will hear an outline of the decision-making process at Kendal on Hudson as well as an update from the KoH TV (Channel 970) Committee. As always there will be plenty of time for any questions you may have in the 2nd half of the meeting. Come spend the evening with fellow residents. I promise it will be an interesting meeting.

Hildegarde G.
Chair, Residents Council

Trips

Short Wait List

Wed Feb. 14: Newington-Cropsey Foundation, Hastings-on-Hudson

Thu, Feb. 22: Hudson River Museum, Yonkers

**Reminder to Artists
in WINTER Show!**

- **Friday Jan 26 by 5 pm:**
**return your selected pieces (those
with green dots) to the Art Studio,**
ready to display.

**Reminder to Artists
in LEGACY Show!**

- **Friday Jan 26 by 5 pm:**
**remove your pieces from the
wall.** Art left will be taken down and
placed in the Art Studio.

Questions? Contact Peter S. or
Birgitta H.

The Art of Collage

Birgitta H. will give a course on
collage in February. The dates are
Wednesday Feb. 7, 14, 21 and 28,
between 10 and 12 am.
The class is limited to eight
participants. Beginners are welcome.

For questions and registration please
call or email Birgitta.

**Susan L. Memorial
Sunday, Jan. 28 – 2 pm**



Michael, Stephen, and Julia L. invite
the Kendal community to join them,
their families, and friends in the
Gathering Room on Jan 28 at 2:00
for a service in memory and
celebration of their mother, Susan L.,
a longtime resident and founder of
Kendal on Hudson. Members of the
community who wish to share
memories and reflections are most
welcome to do so. Light
refreshments will be served in the
Private Dining Room immediately
following the service.

Saturday Opera

Our January program ends with Giacomo Puccini's *Tosca* in Franco Zeffirelli's production for the Metropolitan Opera. The principal roles are sung by **Hildegard Behrens, Placido Domingo** and **Cornell MacNeil** in a March 1985 performance. The conductor cannot be identified at this time.

**In the Gathering Room on Jan. 27
at 1:00 pm**

**Please respect the audience by
arriving on time and avoiding
disruptions**

Reminder: GreenDrop Clothing Pickup

Pack your donations of winter clothes, shoes, hats, gloves, mufflers, etc., in a closed bag (no open shopping bags) or box **marked PH (for Purple Heart Foundation)** and **place it outside the Mary Powell entrance (at the pillar/planter on the left side)**, visible from the road, on **Mon, Jan. 29, after dark** for pickup early the next morning (Tue, Jan. 30).

If you need a receipt for your income tax return, make a list of donations with their estimated resale value and call Ursula.

**Kendal on Hudson
Residents Association Annual* Meeting
Monday, January 22, 2024, 7:30 PM
Gathering Room**

Agenda

Welcome	Hildegarde G, Chair
Declaration of Quorum	
Remembrance of Residents Deceased	
Since October 9, 2023 Quarterly Meeting	
Welcome to New Residents Since October 23, 2023 Quarterly Meeting	

Reports

Chair	Hildegarde G
Highlights of 2023	Gene D
Status of 2023 Annual Report	Chris M
Treasurer	Jeff O'D
Investment Committee	Bob K

New Business

Understanding the KoH decision making process	Hildegarde G
KoH TV (Channel 970) Committee	Sheila D

Residents' questions and comments

Adjournment

* This meeting will also serve as the required Quarterly Meeting of the Association

Future Meetings
Annual Memorial Service, Monday, February 5, 2024 , 7:30 PM
Monthly Council Meeting, Monday, February 12, 2024, 2:00 PM

