# Kendal on Hudson 띥



# **Events: Week of February 19, 2024**

	For n	nore on resident life at Kendal on Hudson go to www.kohresweb.or	g
Mon 2/19	7:30	Program: Kendal Chorale Winter Concert (see page 3)	GR
Tue 2/20	1:30 4:00 8:00	Shopping: Trader Joe's 9:30 – 11:15 and 12:30 – 3:00 Course: "Early 19 <sup>th</sup> Century European Art: Romanticism: Gericault, Delacroix, Goya" Prof. Morgan Ridler (by subscription) Meeting with Vassar Bryd, CEO, Kendal Corp. (see page 4) Movie: <i>Threepenny Opera</i> (1931, 1h 44m) In German; English subtitles. A slightly different story than the French version.	GR GR Ch 970
Wed 2/21	5:00 8:00	Sip and Snack, along with February birthdays celebration Movie: Ball of Fire (1941, 1h 51m) Professors take in a nightclub singer wanted by the police to help bring down her mob boss lover.	GR Ch 970
Thu 2/22	7:30 8:00	<b>Movie:</b> <i>'Round Midnight</i> (1986, 2h 13m) A troubled, talented musician flees the US to escape his problems, finding refuge and support in Paris. <b>Movie:</b> <i>The Nutcracker</i> (1977, 1h 18m) The television adaptation of the Baryshnikov production.	GR Ch 970
Fri 2/23	5:00 8:00	Shopping: Shoprite/Thornwood 9:30 – 10:45 / Ossining 1:00 – 2:15 & 1:45 – 3:00 Sip and Snack Movie: <i>The Conversation</i> (1974, 1h 53m) A paranoid, secretive surveillance expert has a crisis of conscience when he suspects that a couple he is spying on will be murdered.	GR Ch 970
Sat 2/24	1:00 8:00	<b>Opera:</b> <i>Pirates of Penzance</i> by Gilbert & Sullivan (see page 4) <b>Movie:</b> <i>Save the Last Dance</i> (2001, 1h 52m) A white midwestern girl moves to Chicago, where her new boyfriend is a Black teen from the Southside with a rough past.	GR Ch 970
Sun 2/25	3:00 8:00	Concert: Concert: Broadway Cabaret, Cris Groenendaal and Sue Anderson (see page 3) Movie: Under the Roofs of Paris (1930, 1h 36m) Albert is smitten with Pola, but he is wrongly jailed. Meanwhile, Pola's affections are sought by Albert's friend. Upon Albert's release both love and friendship are tested.	GR Ch 970
Sat & 4:30 p	– Fri, F & Sun, m: Con	KoH TV Channel 970 Round-the-Clock: Rue des Artistes "Kaleidoscope" Feb 19 – 23: Talk: "The Real Story of the Capture of Major John André," 2024 Feb 24 – 25: Great Course: The U.S. Constitution through History Lecture 15: Equal Protection at the Turn of the Century Lecture 16: The Constitution in the Progressive Era focert: Thomas Mesa, cello, and Ilya Yakushev, piano, 2024 ries: as listed above	

#### **Regular Weekly Activities**

Contemporary	/ Issues Thu 10	ZOOM	
Drop-in Art Sa	ART		
Fiber Arts	2 <sup>nd</sup> & 4 <sup>th</sup> Fri 2-4	CRA	
French Conve	BIS		
Italian	Thu 11:15	GR	
Meditation	Tue/Thu/Sat 9:15	RCR	
	Wed/Fri/Sun 7:15 pm		
Open Studio	Sat 10 am-12	ART	
<b>Poetry Readin</b>	<b>ig</b> 4 <sup>th</sup> Wed 4:00.	CLE3	
Quilting	1 <sup>st</sup> & 3 <sup>rd</sup> Fri 2-4	CRA	
Spanish	Fri 11:00	RCR	
<b>Tuesday Morr</b>	GR		

# Staffed Fitness Center

Mon – Fri, 8:30 – 3:30

## All classes are subject to change

Fitness Classes

Stretch & Balance: Mon,Wed,Fri 9:30 (Zoom) Pilates: Mon, Wed 10:15 & 11:15 Resistance Bands: Mon, Wed, Fri 12:30 Tai Chi: On Hold Water Aerobics: Tue & Fri 10:45 Chair Yoga: Tue 12 noon Zumba Gold: Tue 2:00 Cornhole: Wed 1:30 Mat Yoga: Thu 12 noon Mindful Movement & Meditation: Thu 1:15 Pool is closed until further notice Fitness Center closed 12-1 pm

#### <u>Library</u>

Volunteer on Duty Mon-Fri 10-12 & 2-4. Browse/borrow 24/7 in library and from carousels in elevator lobbies. Library Catalog: librarycat.org/lib/2blackcats

#### **Resident Care Center**

Open Mon-Fri 8-4 (closed 12-1) Call ext 1030 for appointment.

## Services

Blood Pressure Clinic: 2<sup>nd</sup> & 3<sup>rd</sup> Mon, 8-noon Bloodwork: Wed from 7:45 am Drug Take-Back Days: 1<sup>st</sup> Mon, 9 am – noon For additional services, call x1030

#### **Locations**

- All in Mary Powell except CLE
- BIS Bistro
- **CLE** Clermont
- **GR** Gathering Room
- **PDR** Private Dining Room
- **RL** Residents Lounge (outside Bistro)
- RCC Resident Care Center (T level) On C Level
- ART Art Studio
- CRA Craft Room
- **RAO** Residents Association Office
- **RCR** Riverview Conference Room
- SUN Sunnyside

## **Kendal Dining**

Please send comments to: diningcomments@kohud.kendal.org

# <u>Bistro</u>

# <u> Monday – Saturday</u>

Breakfast 8:00 am-10:00 am Lunch 11:30 am-1:30 pm Coffee and Hot Tea 2:30 pm-3:30 pm Dinner 5:00 pm-7:30 pm

> Sunday Brunch 11:00 am-1:30 pm

## <u>Formal Dining Room</u> Tuesday – Saturday

**Dinner** 5:00 pm – 7:30 pm

#### Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

## Please Be on Time!

## **Religious Services**

Catholic Mass:				
Sundays, 12:15	GR			
Quaker Meeting:				
Sundays, 11:00 am	RCR			
Service of Prayers				
1 <sup>st</sup> & 3 <sup>rd</sup> Tue 1:00 pm	SUN			
Shabbat Services:				
2 <sup>nd</sup> & 4th Fri 4:30 pm	PDR			

Mon, Feb 19, Program Kendal Chorale Winter Concert "Love Changes Everything"



Prepare to wear your heart on your sleeve, **Mon, Feb 19,** when the Kendal Chorale presents its Winter Concert: "Love Changes Everything."

The Chorale will be directed by Nell Macdonald and accompanied by Mark Mitchell — with Shelley R.and Barbara Doss, on violins.

Get ready to hum along, **7:30 pm**, in the **Gathering Room**.

# Temporary Closure of the Swimming Pool

The swimming pool will be closed until further notice due to a leak from the ceiling. The work required to repair the leak may cause debris to drop into the pool. Sun, Feb 25, "Broadway Cabaret,"



Cris Groenendaal and Sue Anderson return on **Sun afternoon, Feb 25**, for another entertaining *Broadway Cabaret*.

Cris originated the role of Andre in The Phantom of the Opera and held roles in Sweeney Todd, Sunday in the Park with George, Ragtime, Kismet, and Show Boat.

Sue, who accompanied the Kendal Chorale for several years, has worked as musical director and conductor director with many Broadway and national touring companies, including *Pirates of Penzance, Me and My Girl,* and *Cats.* 

Held in the **Gathering Room**, the program starts **at 3:00 pm**.

## **Trips**

## Short Wait List

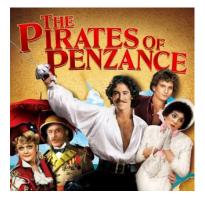
Thu, March 7: Hudson River Museum, Yonkers

Wed, March 13: Yale University Art Gallery, New Haven

## Space Available

Thu, March 21: Museum of the City of New York, NYC

## Saturday Opera



On Feb 24, we are returning to lighter fare in the form of Gilbert & Sullivan's operetta **The Pirates of Penzance** set during the reign of Queen Victoria. This is a filmed version of Joseph Papp's 1980 production starring Kevin Kline, Angela Lansbury, Linda Ronstadt, George Rose, and Rex Smith, directed by Wilford Leach.

Join us on Saturday, **Feb 24**, at 1:00 pm in the Gathering Room.

# New Kendal Corp CEO to Visit Kendal on Hudson



New Kendal Corp CEO Vassar Byrd will soon be visiting Kendal on Hudson. Arriving Mon afternoon, Feb 19, she will be staying until Wed morning, Feb 21.

On **Tue, Feb 20**, starting at **4:00 pm**, in the Gathering Room, Byrd will discuss her background, her new role as Kendal CEO, and what she sees for the future. A question-andanswer period will follow.

Come meet the new K-Corp CEO!