

Kendal on Hudson SPOTLIGHT

Events: Week of April 29, 2024

For more on resident life at Kendal on Hudson go to www.kohresweb.org

Mon 4/29	7:30	Program: Sara Mascia , “From Phelps Place to Phelps Hospital: One property, two stories” (see page 3). (No Movie)	GR
Tue 4/30	1:30	Shopping: Tarrytown 9:45-11 and 1-2:15 Class: “American Musicals That Won the Pulitzer Prize” (<i>Broadway Today & Tomorrow</i>), instructor: Meg Bussert (subscription).	GR
	7:30	Memorial Program for Kendal Friends Lost in 2023 (No Movie)	GR
Wed 5/1	5:00	Sip and Snack	GR
	8:00	Movie: <i>Oh, Woe is Me</i> (1993, 1h 35m). Romance about Simon Donnadieu and his decision to leave his ever-loving wife Rachel.	Ch 970
Thu 5/2	1:00	Trip: <i>Beautiful, the Musical</i> , WPPAC, White Plains	GR
	7:30	Movie: <i>Zone of Interest</i> (2023, 1h 45m). Auschwitz commandant Rudolf Höss and his wife Hedwig strive to build a dream life beside the camp.	GR
	8:00	Movie: <i>Clive of India</i> (1935, 1h 34m). In the mid-1700s, a clerk in the East India Co. is frustrated with its power and transfers to the military branch.	Ch 970
Fri 5/3	8:00	Bird Walk with Anne Swaim (see page 3).	ZOOM
	10:00	Shopping: Thornwood 9:30-10:45 / Ossining 1:00–2:15 & 1:45–3:00	GR
	5:00	Presentation: Audit & Financial Update (see page 4).	Ch 970
	8:00	Sip and Snack Movie: <i>Like Father, Like Son</i> (2013, 2h 1m). A successful workaholic businessman learns that his biological son was switched with another boy after birth and has to choose his true son or the one he has raised.	Ch 970
Sat 5/4	1:00	Opera: <i>L’amour de loin (Love from Afar)</i> , by Kaija Saariaho (see page 4).	GR
	8:00	Movie: <i>Dead Poets Society</i> (1989, 2h 8m). A maverick teacher returns to his prestigious boarding school and uses poetry to embolden students.	Ch 970
Sun 5/5	3:00	Concert: Anthony Newman, piano; Lun Li, violin (see page 3).	GR
	8:00	Movie: <i>Whale Rider</i> (2002, 1h 41m). A young Maori girl fights to fulfill a destiny her grandfather refuses to recognize.	Ch 970

KoH TV Channel 970

Round-the-Clock: Rue des Artistes, “Kaleidoscope”

3:00 pm: Mon – Fri, Apr 29-May 3: Talk: Bari Pearlman, Documentary Filmmaker, 2024

Sat – Sun, May 4-5: Great Courses: “How Churchill Changed the World”

Lecture 11: Churchill in the Age of Appeasement

Lecture 12: The Road to Dunkirk

4:30 pm: Concert: The Raritan Trio, 224

8:00 pm: Movies as listed above

Deadline for May 6 issue of Spotlight is Wed, May 1. Type or print submissions and email to: Spotlight@kohudres.org or place them with your name in the Spotlight cubby. *Editors: Mimi Abramovitz, Jennifer Gardy, Ursula Hahn, Sally Kellock, Pam Mitchell, Carlisle Spivey*

Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 nd & 4 th Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15 Wed/Fri/Sun 7:15 pm	RCR
Open Studio	Sat 10 -12	ART
Poetry Reading	4 th Wed 4:00.	CLE3
Quilting	1 st & 3 rd Wed 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

Staffed Fitness Center Mon-Fri 8:30-3:30

All classes are subject to change

Fitness Classes

Stretch & Balance:	Mon, Wed, Fri 9:30 zoom
Pilates:	Mon, Wed 10:15 & 11:15
Resistance Bands:	Mon, Wed, Fri 12:30
Gentle Standing Movement:	Thu 10:00
Tai Chi:	Tue & Fri 10:00
Water Aerobics:	Tue & Fri 10:45
Chair Yoga:	Tue 12 noon
Zumba Gold:	Tue 2:00
Bocce:	Wed 1:30
Mat Yoga:	Thu 12 noon
Mindful Movement & Meditation:	Thu 1:15
Pool: Mon-Fri, 9-4, closed Sat 5/4	
Special water class w/Carol	Thu 10:45-11:30
Guest Swim:	Mon-Sat, 1-3
Fitness Center & Pool closed	12-1 pm

Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.
Browse/borrow 24/7 in library and from
carousels in elevator lobbies.

Library Catalog:

<https://www.librarycat.org/lib/2blackcats>

Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)
Call x1030 for appointment.

Services

Blood Pressure Clinic: 2nd & 3rd Mon, 8-12
Bloodwork: Wed from 7:45 am
Drug Take-Back Days: 1st Mon 9 am-noon
For additional services, call x1030

Locations

All in Mary Powell except CLE

BIS	Bistro
CLE	Clermont
GR	Gathering Room
PDR	Private Dining Room
RL	Residents Lounge (outside Bistro)
RCC	Resident Care Center (T level)
	<u>On C Level</u>
ART	Art Studio
CRA	Craft Room
RAO	Residents Association Office
RCR	Riverview Conference Room
SUN	Sunnyside

Kendal Dining

Please send comments to:

diningcomments@kohud.kendal.org

Bistro

Monday – Saturday

Breakfast 8:00-10:00 am
Lunch 11:30 am-1:30 pm
Coffee and Hot Tea 2:30-3:30 pm
Dinner 5:00-7:30 pm

Sunday

Brunch 11:00 am-1:30 pm

Formal Dining Room

Tuesday – Saturday

Dinner 5:00–7:30 pm

Reservations

required for waited service at 5:00, 5:30,
6:00 or 6:30 pm. Use Open Table on
Residents website or CATIE, or call front
desk x1000.

Please Be on Time!

Religious Services

Catholic Mass:

Sundays, 12:15 pm GR

Quaker Meeting:

Sundays, 11:00 am RCR

Service of Prayers

1st & 3rd Tue 1:00 pm SUN

Shabbat Services

2nd & 4th Fri 4:30 pm PDR

April 29 Program

Sara Mascia
**“From Phelps Place to Phelps
Hospital: one property, two
stories”**

During the recent series of lectures on KoH’s beginnings, our speakers mentioned Phelps Place, the site on which Kendal sits, and the special influence of the James House Mansion on Kendal’s eventual design.

On April 29, Sara Mascia, curator of the Historical Society, Inc. serving Sleepy Hollow and Tarrytown, will share the history of the mansion and the families who lived there. She will also discuss the need for a community hospital during the late 19th and 20th centuries and the eventual establishment of Phelps Memorial Hospital.

Sara Mascia is Vice President and Principal Investigator of Historical Perspectives, Inc., a cultural resources consulting firm. She holds a B.A. in Anthropology and History from the University of South Carolina and an M.A. and Ph.D. in Historical Archeology from Boston University.



Bird Walk with Anne Swaim

On Friday, May 10 from 8 am-10 am, Anne Swaim from the Saw Mill River Audubon Society will lead a bird walk around Rockwood Park. We will meet at the Kendal Pergola (across from the Terrace). Sign-up will be in the May section of the Trips Book at the Front Desk starting Friday, May 3. The limit is 15 participants, and we will not be able to accommodate those with walkers at this time. Binoculars will be provided.

A suggested donation of \$5.00 is requested (checks only, payable to Saw Mill River Audubon Society)

Questions: Linda M. or Sarah P.

Concert May 5
3:00 in the GR
Anthony Newman, Piano;
Lun Li, violín

Our May 5 concert features famed organist, harpsichordist, and pianist Anthony Newman, described by Wynton Marsalis as “The High Priest of Bach,” and violinist Lun Li, award-winning member of Young Concert Artists. Their program will include works by Mozart, Newman, and Bach. A reception will follow in the Private Dining Room.

Kendal's Secret Garden

You may not be aware of the secret garden in the heart of Kendal, which is tended by a team of dedicated elves. It is beginning to burst with all sorts of flowers which will continue their beautiful displays until fall, including peonies by late May.

It is visited by those cognoscenti who sit near the fountain, observing the many varieties of birds and butterflies. To find the garden: Take the double elevator to the C level and walk straight ahead; then turn right to the Clearwater double doors. Go through the doors, take your first left, the garden is ahead of you.

Saturday Opera May 4 at 1:00 pm, GR

Our opera this week is *L'amour de loin*, by the late Finnish composer Kaija Saariaho, performed by Gerald Finley, Dawn Upshaw, and Monica Groop. Esa Pekka Salonen conducts and Peter Sellars directs this performance from 2004.

Trips

Short wait list:

Thu, May 2: "Beautiful, the Musical"
WPPAC, White Plains

Space available:

Thu, May 23: Loeb Gallery at Vassar
College, Poughkeepsie

Reminder for Resident and Staff Artists: Summer Show Deadline Coming Soon!

Follow these steps to submit art:

1. Fri, May 3, 10 am to 5 pm: Bring up to three pieces of your artwork to the Art Studio, Mary Powell, Level C, for selection in the show. If moving your work is difficult, we can pick it up or curate it in your apartment. Framing is optional, but all unframed pieces should have clean edges. Art on single sheets will be mounted on board and/or matted at the curator's discretion. Please label each piece with:

- Artist's name
- Title of piece
- Medium
- Artist's apartment number (for residents)
- Phone number

2. Mon, May 6, 10 am to 5 pm: Return to pick up your work. We mark, photograph, and record each selected piece.

2023 Audit & Financial Update Zoom meeting, Friday, May 3

Ellen will be sending out Zoom links on Thursday, May 2, for the 10 am-12 noon meeting on Friday.

Kendal Concert Etiquette

We are blessed to have truly talented musicians who enjoy performing at Kendal and often ask to return. In an effort to honor them and our fellow concert attendees, the Music Committee hopes to improve our audience behavior with guidelines regarding proper concert etiquette.

You will receive a copy of the guidelines when you attend the next concert on May 5; attendees at the April 21 concert have already received them. In the meantime, we will start by establishing the standard practice at professional concert venues: concerts will start promptly, usually at 3 pm. Latecomers will be asked to wait outside the Gathering Room until an appropriate break in the performance.

Many musicians who perform here also perform at Carnegie Hall. We want to encourage Carnegie Hall concert manners at Kendal on Hudson.

Of course, being on time for all Kendal events – classes, lectures, meetings, as well as concerts – should be a priority for everyone.

from the Music Committee at KoH

Three Earth Month Events in Sleepy Hollow

Tarrytown Repair Café, Sunday, April 28, 10 am-2 pm

Bring your items needing repair to be worked on FREE by volunteer fixers.
Galgano Senior Center, 55 Elm St.

Climate Action Workshop, Wednesday, May 1, 5:30 pm-8 pm

Learn how climate change is impacting our village. Special guests: John DeCicco (building a new grocery store at Edge on Hudson) and Peter Strom (village arborist).
W.L. Morse School, Beekman Ave. and Pocantico St.

Riverkeeper Sweep, Saturday, May 4, 10 am-12 noon

Join your Sleepy Hollow and Tarrytown neighbors to sweep our entire waterfront of plastics and other debris. Show your love for the beautiful Hudson River!
Meet at Horan's Landing on River Street.

For more details, see the Activities Alcove bulletin board. For a ride or other information, contact Anne W.

And don't forget our Give-and-Take Table, May 1-7 on T level

KOH CALENDAR OF EVENTS – MAY 2024
(subject to change)

Monday Evening Programs – 7:30 pm – GR

- May 6 **Masha Turchinsky**, “Hudson River Museum”
- May 13 **Llyn Clague**, Poetry Reading
- May 20 **Patrick Raftery**, “Westchester County Historical Society
Sesquicentennial”
- May 27 **MEMORIAL DAY (No Program)**

Other Events

- May 3 10 am Audit and Finance Presentation – **ZOOM**
- May 9 5 pm KoH 19th Anniversary Wine & Cheese – **GR**
- May 11 Noon Memorial Service for Deborah O’Keefe – **GR**
- May 13 2 pm Residents Council Monthly Meeting – **GR**
- May 20 2 pm Commons Refresh Update – **ZOOM**

Course – 1:30-3:30 pm – GR (subscription)

- May 7, 14, 21 “Declassifying the Classics”; instructor Michael Boriskin

Sunday Concerts – 3 pm – GR

- May 5 Anthony Newman, piano; Lun Li, violin
- May 19 Metropolitan Opera String Quintet

Trips on Thursdays

- May 2 *Beautiful*, WPPAC, White Plains
- May 23 Loeb Gallery at Vassar College, Poughkeepsie

Saturday Operas – 1 pm – GR

- May 4 *L’amour de loin (Love from Afar)* by Kaja Saariaho
- May 11 No opera
- May 18 *Aida* by Giuseppe Verdi
- May 25 *Rodelinda* by George Frideric Handel