



## Events: Week of February 12, 2024

For more on resident life at Kendal on Hudson go to [www.kohresweb.org](http://www.kohresweb.org)

Mon 2/12	2:00 7:30	Residents Council Meeting (see agenda p. 6). Program: Char Weigel, "The Capture of Major John André" (see p. 3).	GR GR
Tue 2/13	9:30 1:30 8:00	Shopping: Tarrytown 9:30 - 11:00 and 1:00 - 2:30 Class: "Early 19th Century European Art -- Romanticism: Gericault, Delacroix, Goya." Instructor: Prof. Morgan Ridler (by subscription). Movie: <b>THE GOLDEN BOYS</b> (2008, 1h 37m) Three 70-year-old retired sea captains try to lure an attractive middle-aged woman into marriage.	GR Ch 970
Wed 2/14	10:15 11:00 5:00 8:00	Trip: Newington-Cropsey Foundation, Hastings-on-Hudson Presentation: Lisa Wacht, Emergency Response System (see p. 5). Sip and Snack plus Valentine's Day Sing-Along Movie: <b>NIGHT AND DAY</b> (1946, 2h 8m). A fictionalized life of Cole Porter.	ZOOM GR Ch 970
Thu 2/15	7:30 8:00	Movie: <b>NYAD</b> (2023, 2h 1m). True story of Diana Nyad who, at age 60, undertakes her dream of a 110-mile open ocean swim Cuba to Florida. Movie: <b>GENE KELLY: ANATOMY OF A DANCER</b> (2002, 1h 20m). A documentary featuring the famed dancer.	GR Ch 970
Fri 2/16	5:00 8:00	Shopping: Thornwood 9:30 - 10:45 / Ossining 1:00 - 2:15 & 1:45 - 3:00 Sip and Snack Movie: <b>A PASSAGE TO INDIA</b> (1984, 2h 44m). False accusations doom a friendship between an Indian doctor, an Englishwoman and an educator.	GR Ch 970
Sat 2/17	1:00 8:00	Opera: <b>JENUFA</b> by Leoš Janáček (see p. 3). Movie: <b>3 PENNY OPERA</b> (1931, 1h 44m). The 1931 film of Brecht's <i>Three Penny Opera</i> , with French audio. (On 2/20, German version will be shown)	GR Ch 970
Sun 2/18	3:00 8:00	Movie: <b>BANK OF DAVE</b> (2023, 1h 47m). Working class man, now self-made millionaire, fights to set up a community bank. Based on true story. Movie: <b>A STREETCAR NAMED DESIRE</b> (1951, 2h 2m). Disturbed woman moves in with sister and is tormented by her brutish brother-in-law.	GR Ch 970

**KoH TV Channel 970**

Round-the-Clock: Rue des Artistes, "Kaleidoscope"

3:00 pm: Mon-Fri, Feb 12-16: Talk: Environmental Justice, 2024

Sat & Sun, Feb 17-18: Great Courses: The U.S. Constitution Through History

Lecture 13: Reconstruction Politics and Voting Rights

Lecture 14: Reconstruction's Broken Legal Promises

4:30 pm: Concert: Suprema Duo, "Love Changes Everything," 2017

8:00 pm: Movies as listed above

Deadline for Feb 19 issue of Spotlight is Wed, Feb 14. Type or print submissions and email to:

[Spotlight@kohudres.org](mailto:Spotlight@kohudres.org) or place them with your name in the Spotlight cubby.

Editors: Mimi Abramovitz, Jennifer Gardy, Ursula Hahn, Sally Kellock, Carlisle Spivey

## Regular Weekly Activities

Contemporary Issues	Thu 10	ZOOM
Drop-in Art Salon	Tue & Thu 2-4	ART
Fiber Arts	2 <sup>nd</sup> & 4 <sup>th</sup> Fri 2-4	CRA
French Conversation	Fri 3-4:30	BIS
Italian	Thu 11:15	GR
Meditation	Tue/Thu/Sat 9:15 Wed/Fri/Sun 7:15 pm	RCR
Open Studio	Sat 10 -12	ART
Poetry Reading	4 <sup>th</sup> Wed 4:00	CLE3
Quilting	1 <sup>st</sup> & 3 <sup>rd</sup> Fri 2-4	CRA
Spanish	Fri 11:00	RCR
Tuesday Morning Club	Tue 10-12	GR

### **Staffed Fitness Center**

Mon–Fri, 8:30–3:30

**All classes are subject to change**

#### Fitness Classes

**Stretch & Balance:** Mon, Wed, Fri 9:30 (Zoom)

**Pilates:** Mon & Wed 10:15 & 11:15

**Resistance Bands:** Mon, Wed, Fri 12:30

**Standing Movement:** Tue, 10:00

**Tai Chi:** **On hold**

**Water Aerobics:** Tue & Fri 10:45

**Chair Yoga:** Tue 12 noon

**Zumba Gold:** Tue 2:00

**Cornhole:** Wed 1:30

**Mat Yoga:** Thu 12 noon

**Mindful Movement & Meditation:** Thu 1:15

**Pool:** Mon-Fri, 9–4, Sat 9–3

Guest Swim: Mon–Sat, 1–3

**Fitness Center & Pool are closed 12-1 pm**

### Library

Volunteer on Duty Mon-Fri 10-12 & 2-4.

Browse/borrow 24/7 in library and from carousels in elevator lobbies.

**Library Catalog:**

[librarycat.org/lib/2blackcats](http://librarycat.org/lib/2blackcats)

### Resident Care Center

Open Mon-Fri 8-4 (closed 12-1)

Call x1030 for appointment.

#### Services

**Blood Pressure Clinic:**

2<sup>nd</sup> & 3<sup>rd</sup> Mon, 8-noon

**Bloodwork:** Wed from 7:45 am

**Drug Take-Back Days:** 1<sup>st</sup> Mon, 9 am – noon

**For additional services, call x1030**

## Locations

All in Mary Powell except CLE

<b>BIS</b>	Bistro
<b>CLE</b>	Clermont
<b>GR</b>	Gathering Room
<b>PDR</b>	Private Dining Room
<b>RL</b>	Residents Lounge (outside Bistro)
<b>RCC</b>	Resident Care Center (T level) <u>On C Level</u>
<b>ART</b>	Art Studio
<b>CRA</b>	Craft Room
<b>RAO</b>	Residents Association Office
<b>RCR</b>	Riverview Conference Room
<b>SUN</b>	Sunnyside

### Kendal Dining

Please send comments to:

[diningcomments@kohud.kendal.org](mailto:diningcomments@kohud.kendal.org)

#### Bistro

Monday – Saturday

**Breakfast** 8:00 am-10:00 am

**Lunch** 11:30 am-1:30 pm

**Coffee and Hot Tea** 2:30 pm-3:30 pm

**Dinner** 5:00 pm-7:30 pm

Sunday

**Brunch** 11:00 am-1:30 pm

#### Formal Dining Room

Tuesday – Saturday

**Dinner** 5:00 pm – 7:30 pm

#### Reservations

required for waited service at 5:00, 5:30, 6:00 or 6:30 pm. Use Open Table on Residents website or CATIE, or call front desk x1000.

**Please Be on Time!**

### Religious Services

**Catholic Mass:**

Sundays 12:15 pm GR

**Quaker Meeting:**

Sundays 11:00 am RCR

**Service of Prayers**

1<sup>st</sup> & 3<sup>rd</sup> Tuesday 1:00 pm SUN

**Shabbat Services:**

2<sup>nd</sup> & 4<sup>th</sup> Friday 4:30 pm PDR

## February 12 Program

Char Weigel

### “The Real Story of the Capture of Major John André”

On Sept 23, 1780, Tarrytown was the site of an event that altered the outcome of the Revolutionary War, the capture of British spy Major John André. Almost immediately, fabrications and fake news sprang up to challenge the facts of the event. This presentation will cover the astounding true story of the capture as well as examine the many myths and inaccuracies that persist in popular imagination through today.

Char Weigel is VP for Special Projects for Revolutionary Westchester 250. Formerly chair of the History and Interdisciplinary Departments at The Shipley School and on the board of the Historical Society Serving Sleepy Hollow and Tarrytown, Weigel presents and publishes articles on Westchester County history. She also guides walking tours for NY State's Office of Parks, Recreation and Historic Preservation and The Historical Society. She is co-President of the Fortnightly Club whose members will be joining Kendal residents for this presentation.

### Kendal Chorale Winter Concert February 19 at 7:30 pm in the GR

"LOVE CHANGES EVERYTHING" – convincing evidence by the Kendal Chorale! All are welcome.

## Saturday Opera

February 17 at 1 pm in the GR

*Jenufa* is Leoš Janáček's most frequently performed opera. During the 19<sup>th</sup> century, amid social and political changes, “national schools” developed in Russia (Mussorgsky, Rimsky-Korsakov and Glinka), Czechoslovakia, then still part of the Habsburg Empire (Smetana and Dvořák), and even in Germany (von Weber). This gave rise to typically national operas sung in the national language.

*Jenufa* covers love, abandonment, alcoholism, and murder, reflecting the lives of simple people and pointing toward the *verismo* style.

**Please be on time!**

## Library News

Books for Sale: Just a reminder that there are 3 shelves of books for sale in the library for \$1 each. The top shelf has IOU forms for those who don't carry money, but please don't forget to redeem your IOU and remove it from the jar!

Library Catalog: If you want to know whether a book is available in the Kendal library, visit:

**[librarycat.org/lib/2blackcats](http://librarycat.org/lib/2blackcats)**

Type in the book name. This will tell you if we own the book and whether or not it is checked out.

## **Trips**

### **Thu, March 21: Museum of the City of New York, NYC**

#### Current Exhibitions

“This is New York!”: 100 years of the City in Arts and Pop Culture, featuring depictions of NY in film and TV, visual and performing arts, music, poetry, literature and fashion. A picture is painted of a city that is nostalgic—and sometimes, funny—which has captivated the imagination of the world.

“Byzantine Bembe”: Mosaics and murals by Manny Vega, interweaving community stories with themes that range from African deities to urban mythologies.

“You are Here”: compiles scenes from many films set in NY, across 16 screens. Sources include footage from blockbusters, ‘indies’ and documentaries. Come, celebrate the history of NYC-filmed cinema!

#### Short Wait List

**Thu, March 7:** Hudson River Museum, Yonkers

#### Space Available

**Wed, March 13:** Yale University Art Gallery, New Haven

## **Kendal “PIE” Patient Information Extension**

The Kendal “PIE” telephone extension informs residents by phone about residents who are in Clearwater or Phelps, Westchester Medical and White Plains Hospitals.

The acronym stands for the Patient Information Extension. This resident volunteer telephone service can be reached by dialing extension 3333. It announces the patient’s name, location, and room and phone numbers if in Clearwater.

A print copy of this information is posted on the bulletin board on Main Street.

If you have any questions, you may contact Amelia A.

Our special thanks to **Sylvia H.** who voluntarily announces this information during the week. We need backup for Sylvia. If you would like to help, please call her.

## **Kendal Corporation CEO**

Jean Eccleston advises that Vassar Byrd, the new Kendal Corporation CEO, will be on campus February 19 and 20. More information will follow.

## **Emergency Response System February 14 at 11 am via Zoom**

Independent Living residents are invited to attend a Zoom hosted by Lisa Wacht (Health Services Administrator) to better understand the IL emergency response system. The presentation will explain how PETs and Pullcords work, when it is appropriate to use them and what to expect when you do activate a PET or pullcord.

A Zoom invitation will be sent out by Ellen Ottstadt in advance of the meeting. The session will be recorded and placed on CATIE. The presentation is a LIVE refresher of the program previously held in December, which is currently posted in CATIE.

## **Magazine Donations Wanted!**

The Therapeutic Recreation Department needs recently viewed magazines for a project in March.

Please drop off magazines for donation in the marked box near the cubbies/mailboxes.

Thank you in advance.  
Sandra Sindaco

## **New Bio Posted**

We invite you to read the biography of Joan and Bob B. which has now been posted by the window across from the Main Street bulletin board.