

**DINNER**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07/18/21	07/19/21	07/20/21	07/21/21	07/22/21	07/23/21	07/24/21
	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>	<b>Special Salad</b>
	Spinach, Quinoa, Berries, Honey Balsamic	Kale, Goat Cheese, Walnut, Cran, Rasp Vin	Wedge, Blue Cheese, Bacon, Creamy Parm	Corn & Black Bean, Lime Cilantro Vin	Asian Salad, Sesame Vinagrette	Caprese Salad
	<b>SoupduJour</b>	<b>SoupduJour</b>	<b>SoupduJour</b>	<b>SoupduJour</b>	<b>SoupduJour</b>	<b>SoupduJour</b>
	Tuscan Bean Soup (V)	Mushroom Bisque (V)	Mexican Tortilla Chicken Soup	Chilled Gaspacho Soup (V)	Greek Chicken Soup with Rice and Lemon	Summer Corn Soup (V)
	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
	<b>Chicken Oskar GFA</b>	<b>Pork Medallions</b>	<b>Branzino GF</b>	<b>Grilled Shrimp Nicoise Salad GF</b>	<b>Mussels Marinara</b>	<b>Pesto Crusted Arctic Char</b>
	Sauteed Chicken Breast Topped with Crab Meat and Asparagus topped with Hollandaise Sauce	With green Chili Sauce	Mediterranean Sea Bass	Grilled Shrimp over a bed of Lettuce with Hard Cooked Egg and Hericot Verts, Served with a Champagne Vinagrette Dressing	Fresh Mussels in a Brothy Tomato Sauce	Arctic Char with a Pesto Panko Topping
	<b>Spaghetti Bolognaise GFA</b>	<b>Carved Turkey Breast GF</b>	<b>Indian Chicken Curry GF</b>	<b>BBQ Brisket of Beef GF</b>	<b>Chicken Bruchetta GF</b>	<b>Beef Tips and Mushrooms in BurgundyGF</b>
	Pasta Tossed with Homemade Meat Sauce	Served with Gravy or Cranberry Sauce	Tender Chicken Thighs Stewed with Curry and Potatoes	Brisket Slow Cooked in a Tangy BBQ Sauce	Chicken Breast Topped with Fresh Tomato, Onion, Basil, and Fresh Mozzarella	Tender Beef Tips with Mushrooms and Pearl Onions in a Red Wine Demi Glaze
	<b>Corn Cakes</b>	<b>Roasted Vegetable Risotto GF</b>	<b>Broccoli &amp; Cheddar Quiche</b>	<b>Pappardelle with Mushrooms</b>	<b>Vegetable Moussaka</b>	<b>Ginger Orange Grilled Tofu GF</b>
	Served with a Summer Salsa	Asparagus, Zucchini, Peppers, and Mushrooms in a Creamy Rice	Egg, Broccoli, and Cheese in a Flaky Pie Crust	In a Cream Sauce	Eggplant, Potatoes, Onions, Lentils, and spices in a Layered Casserole Topped with Bechamel Sauce	Grilled Tofu Steaks with a Ginger Orange Sauce
	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
	<b>Sauteed Spinach &amp; Garlic</b>	<b>Garlic Green Beans</b>	<b>Asparagus</b>	<b>Sauteed Escarole with Garlic</b>	<b>Roasted Pearl Onions</b>	<b>Sauteed Spinach</b>
	<b>Steamed Carrots</b>	<b>Steamed Cauliflower</b>	<b>Peppers &amp; Onions</b>	<b>Corn O'Brien</b>	<b>Steamed Broccoli</b>	<b>Carrots</b>
	<b>WheatBerry Pilaf</b>	<b>Baked Sweet Potato</b>	<b>Coconut Rice</b>	<b>Roasted Potatoes</b>	<b>Cappelini</b>	<b>Truffle Mashed Potatoes</b>
	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
	<b>Chocolate Mousse</b>	<b>Lemon Raspberry Cake</b>	<b>Chocolate Cake</b>	<b>Fruit of the Forest Pie</b>	<b>Strawberry Shortcake</b>	<b>Tiramisu</b>
	<b>NSA Red Velvet Cake</b>	<b>NSA Apple Pie</b>	<b>NSA Cherry Pie</b>	<b>NSA Blueberry Pie</b>	<b>NSA Carrot Cake</b>	<b>NSA Cheesecake</b>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07/18/21	07/19/21	07/20/21	07/21/21	07/22/21	07/23/21	07/24/21
<b>Soup duJour</b> Broccoli & Cheddar Cheese Soup	<b>Soup duJour</b> Minestrone (V)	<b>Soup duJour</b> Chicken Soup with Rice	<b>Soup duJour</b> Lentil Soup (V)	<b>Soup duJour</b> Manhattan Clam Chowder	<b>Soup duJour</b> Hearty Vegetable (V)	<b>Soup duJour</b> Chicken Noodle Soup
<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>	<b>Entrees</b>
<b>Cedar Plank Salmon</b> <b>GFA</b>	<b>Black Jack Burger</b> <b>GFA</b>	<b>Ruben Sandwich</b>	<b>Chicken Parmesan</b> <b>Wedge</b>	<b>Mediterranean</b> <b>Chicken Wrap GFA</b>	<b>Kendal Pizza GFA</b>	<b>Turkey Club Wrap</b>
Glazed Whole Salmon Sides, Topped with a Tomato Caper Relish	Angus Beef Burger with Melted Jack Cheese, Lettuce, Tomato, Onion, and a Creole Mustard Mayonaise	Thinly Sliced Corned Beef, Swiss Cheese, Sauerkraut, & Thousand Island Dressing, Grilled on Rye Bread	Breaded Chicken, Tomato Sauce, and Mozzarella Cheese on a Wedge Roll	Grilled Chicken Breast, Kalamata Olives, Feta Cheese, Lettuce, Tomato, & Purple Onion with a Greek Vinagrette Dressing in a Pita Shell	Handmade Pizza's	Sliced Turkey, Bacon, Lettuce, Tomato, & Mayonaise in a Wrap
<b>Cheese Blintzes</b>	<b>Chicken, Watermelon, &amp;</b> <b>Arugula Salad GF</b>	<b>Trio of Salads GF</b>	<b>Cirtus Baked Sole GF</b>	<b>Fish &amp; Chips</b>	<b>Chicken Wings GF</b>	<b>Rigatoni Bolognaise</b>
Served with a Berry Compote	Grilled Chicken over Fresh Arugula Tossed with Watermelon, Purple Onion, Mint, and Ahi Tare	Egg Salad, Chicken Salad, and Tuna Salad over a bed of Field Greens	Sole Filets in a Light Citrus Cream Sauce	Battered White Fish Fried and Served with French Fries	Buffalo Style Chicken Wings	Pasta in a Creamy Meat Sauce
<b>Assorted Omelets</b> <b>and Pancakes</b>	<b>Zoodles with Pesto</b>	<b>Penne Alfredo</b>	<b>Sweet &amp; Sour</b> <b>Cauliflower</b>	<b>Three Sisters Stew</b> <b>GF</b>	<b>Grilled Portabello</b> <b>Mushroom Stack GF</b>	<b>Mushroom &amp; Onion</b> <b>Quiche</b>
	Fresh Zucchini Noodles with a Basil Sauce	Penne Pasta in a Creamy Sauce	Breaded Cauliflower in a Sweet & Sour Sauce	A vegetarian Stew with Corn, Beans, Tomatoes, Squash, & Herbs	Grilled Portabello Mushroom topped with Zucchini, Tomato, Eggplant Mozzerella, served with Balsamic Glaze	Flaky Pie Crust with Egg, Mushrooms, & Onions
<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>	<b>Accompaniments</b>
<b>Bacon &amp; Sausage</b> <b>Patties</b>	<b>Cole Slaw</b>	<b>Roasted Zucchini</b>	<b>Chef's Blend</b> <b>Vegetables</b>	<b>Steamed Broccoli</b>	<b>Mixed Vegetables</b>	<b>Vegetable Medley</b>
<b>Chef's Blend</b> <b>Vegetables</b>						
<b>Roasted Red</b> <b>Potatoes</b>	<b>Roasted Potatoes</b>	<b>Potato Chips</b>	<b>Rice</b>	<b>French Fries</b>	<b>Potato Wedges</b>	<b>Sweet Potato Fries</b>
<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
	<b>Apple Sauce</b>	<b>Cantaloupe Slices</b>	<b>Plums</b>	<b>Grapes</b>	<b>Pears</b>	<b>Mandarin Oranges</b>
<b>Strawberry Rubarb</b> <b>Pie</b>	<b>Blueberry Pound</b> <b>Cake</b>	<b>Lemon Bars</b>	<b>Brownies</b>	<b>Snicker Doodle</b> <b>Cookies</b>	<b>Raspberry Pound</b> <b>Cake</b>	<b>Rice Pudding</b>
<b>NSA Apple Pie</b>	<b>NSA Chocolate</b> <b>Pudding</b>	<b>NSA Peach Pie</b>	<b>NSA Lemon Cake</b>	<b>NSA Je/1-0</b>	<b>NSA Cookies</b>	<b>NSA Lemon</b> <b>Meringue Pie</b>