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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01/14/24	01/15/24	01/16/24	01/17/24	01/18/24	01/19/24	01/20/24
Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour
Sweet Potato Soup	Vegetable Gumbo (v)	Tomato and Leek (V)	Hearty Vegetable Soup	Confetti Vegetable	Potato and	Acorn Squash (V)
(V)	(G)		(V)	Soup (V)	Cauliflower (V)	
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Salmon Wellington	Chicken Pot Pie	Buffalo Chicken Wrap GFA	Shrimp Quesadilla	Cuban Style Pulled Pork Sandwich GFA	Kendal Pizza GFA	CBT Sandwich GFA
	Sauteed chicken and vegetables in a creamy veloute topped with puff pastry	Crispy Chicken tenders tossed in hot sauce, with chopped tomatoes, shredded Lettuce, and blue cheese dressing	shrimp, sautéed onions & bell peppers & melted cheese in a tortilla.	Sliced ham, Pulled pork, Swiss cheese, pickles, mustard on a fresh baked roll	Handmade Pizza's	Cheddar, Bacon and tomato on grilled white bread
Eggs Benedict	Fillet Of Flounder	Kielbasa and Cabbage GF	Sesame Chicken	Fish of the Day	Oven Roasted Chicken Wings	Chicken Parmesan
Poached Eggs with Canadian Bacon on a Muffin with Hollandaise	Flounder fillet with a lemon sauce.	Kielbasa sausage and cabbage sauteed	Crispy chunks of chicken tossed in a tangy sesame sauce	Preparation changes	Seasoned baked chicken wings	Breaded chicken topped with tomato sauce and mozzarella cheese
Cheese Blintzes	Stuffed Acorn Squash	Spinach and Chickpea Curry	Vegetable Spring Rolls	French Onion Quiche	Penne a la Vodka	Macaroni & Cheese
Served with a Berry Compote	Roasted acorn squash stuffed with wild rice, cranberries, beyond sausage & apples.	Fresh Spinach and chickpeas in a creamy curry sauce	Asian vegetables wrapped in a thin dough and fried	Savory Tart Shell with Egg, Onion, and Gruyere Cheese	Classic creamy tomato sauce with parmesan cheese.	Pasta with a cheese sauce.
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Bacon & Sausage Patties	Roasted Brussels Sprouts	Carrots	Green Beans	Corn O'Brien	Steamed Broccoli	Garden Vegetables
Asparagus	Cauliflower	Brown Rice Pilaf	Jasmine Rice	Kendal Chips	Garlic Bread	Sweet Potato Tots
Pot Hash Browns	Smashed Yukon Gold Potatoes					
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Chef's Choice	Rocky Road Cake	Cookies	Assorted Dessert	Assorted Dessert	Brownie	Chocolate Chip
Desserts				Bars		Pound Cake
NSA Blueberry Cake	NSA Cherry Cake	NSA Vanilla Pudding	NSA Brownies	NSA Peach Pie	NSA Lemon Cake	NSA Vanilla Pudding

Delivery Charge \$5	Call x1102 by 3PM	for Dinner Delivery		DINNER	4	
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01/14/24	01/15/24	01/16/24	01/17/24	01/18/24	01/19/24	01/20/24
		Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour
		Chicken Noodle	Lentil Soup (V)	Manhattan Clam	Seafood Chowder(G)	Carrot and Ginger
				Chowder		
		Special Salad	Special Salad	Special Salad	Special Salad	Special Salad
		Roasted Beets and Goat	Classic Wadge	Canroos	Arugula, Sweet	Pear and Goat
		Cheese	Classic Wedge	Caprese	Potato, and Chickpea	Cheese
		Entrees	Entrees	Entrees	Entrees	Entrees
		Moroccan Beef GF	Kendal Crab Cakes	Braised Chicken	Curried Lamb	Chicken
				Thighs		Saltimbocca
		Slow cooked tenderloin with		Chicken Thighs Braised	Tender pieces of lamb	Chicken cutlet & sage
		toasted spices, aromatic vegetables, chickpeas and	tartar sauce.	with Potatoes, Tomatoes, and Onions	stewed in a curry gravy.	wrapped in prosciutto & pan fried, topped with a white
		raisins		and Onions		wine sauce.
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		Pasta Station	Beef Brisket GF	Catch of the Day	BBQ Pork Ribs GF	All American Burger GFA
		Assorted pasta made to order	marinated & braised in its own juices.	Todays Fresh Seafood	Baby Back Ribs in a Traditional BBQ Sauce	American cheese lettuce and tomato on a bun
		Tofu and Cauliflower	Palak Paneer	Fall Vegetable	Broccoli & Cheddar	Grilled Portobello
		Rice GF		Gnocchi	Quiche	Mushroom Burger GFA
		Sauteed tofu, peppers	Creamy Spinach with Indian		Broccoli & cheddar baked	Marinated Portobello
		onions, peas, carrots,	Paneer Cheese	Vegetables with Potato		Mushroom with Lettuce and
		tomatoes and cauliflower rice		Pasta in a Vegetable Velouté	a pie shell.	Tomato on a bun
		l lice		Veloute		
		Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
		Mixed Vegetables	Braised Fennel and	Roasted Cipollini	Steamed Corn	Roasted Vegetables
			Carrots	Onions		
		Green Peas	Steamed Broccoli	Asparagus	Roasted Parsnips	Steamed Carrots
		Barley Pilaf		Mushroom Risotto		Roasted Potatoes
		Desserts	Desserts	Desserts	Desserts	Desserts
		Key Lime Pie	Fresh Fruit	Bread Pudding	Coconut Custard	Baked Apple Pie
		NSA Apple Pie	NSA Lemon Loaf	NSA Chocolate	NSA Blueberry Cake	
		NSA Apple Ple	NSA LEMON LOAT	Velvet Cake	NSA Blueberry Cake	Pudding