

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   |
|--|---|---|--|---|--|--|
| 05/23/21   | 05/24/21  | 05/25/21  | 05/26/21   | 05/27/21  | 05/28/21   | 05/29/21   |
| <b>Soup du Jour</b><br>Broccoli & Cheddar<br>Cheese Soup           | <b>Soup du Jour</b><br>Minestrone (V)   | <b>Soup du Jour</b><br>Chicken Soup with<br>Rice  | <b>Soup du Jour</b><br>Lentil Soup (V)                                     | <b>Soup du Jour</b><br>Manhattan Clam<br>Chowder  | <b>Soup du Jour</b><br>Hearty Vegetable (V)  | <b>Soup du Jour</b><br>Chicken Noodle Soup                         |
| <b>Entrees</b>   | <b>Entrees</b>  | <b>Entrees</b>  | <b>Entrees</b>   | <b>Entrees</b>  | <b>Entrees</b>   | <b>Entrees</b>   |
| <b>Cedar Plank Salmon</b><br>GFA                                   | <b>Black Jack Burger</b><br>GFA   | <b>Ruben Sandwich</b>   | <b>Chicken Parmesan</b><br>Wedge   | <b>Mediterranean</b><br><b>Chicken Wrap GFA</b>   | <b>Kendal Pizza GFA</b>  | <b>Turkey Club Wrap</b>  |
| Glazed Whole Salmon<br>Sides, Topped with a<br>Tomato Caper Relish | Angus Beef Burger with<br>Melted Jack Cheese,<br>Lettuce, Tomato, Onion, and<br>a Creole Mustard<br>Mayonaise | Thinly Sliced Corned Beef,<br>Swiss Cheese, Sauerkraut,<br>& Thousand Island<br>Dressing, Grilled on Rye<br>Bread | Breaded Chicken, Tomato<br>Sauce, and Mozzarella<br>Cheese on a Wedge Roll | Grilled Chicken Breast,<br>Kalamata Olives, Feta<br>Cheese, Lettuce, Tomato, &<br>Purple Onion with a Greek<br>Vinagrette Dressing in a Pita<br>Shell | Handmade Pizza's   | Sliced Turkey, Bacon,<br>Lettuce, Tomato, &<br>Mayonaise in a Wrap |
| <b>Cheese Blintzes</b>   | <b>Chicken,</b><br><b>Watermelon, &amp;</b>   | <b>Trio of Salads GF</b>  | <b>Cirtus Baked Sole GF</b>  | <b>Fish &amp; Chips</b>   | <b>Chicken Wings GF</b>  | <b>Rigatoni Bolognese</b>  |
| Served with a Berry<br>Compote                                     | Grilled Chicken over Fresh<br>Arugula Tossed with<br>Watermelon, Purple Onion,<br>Almonds, and Mint tossed    | Egg Salad, Chicken Salad,<br>and Tuna Salad over a bed<br>of Field Greens   | Sole Filets in a Light Citrus<br>Cream Sauce                               | Battered White Fish Fried<br>and Served with French<br>Fries  | Buffalo Style Chicken Wings  | Pasta in a Creamy Meat<br>Sauce                                    |
| <b>Assorted Omelets</b><br><b>and Pancakes</b>                     | <b>Zoodles with Pesto</b>   | <b>Penne Alfredo</b>  | <b>Sweet &amp; Sour</b><br><b>Cauliflower</b>                              | <b>Three Sisters Stew</b><br>GF   | <b>Grilled Portabello</b><br><b>Mushroom Stack GF</b>  | <b>Mushroom &amp; Onion</b><br><b>Quiche</b>                       |
|  | Fresh Zucchini Noodles with a<br>Basil Sauce  | Penne Pasta in a Creamy<br>Sauce  | Breaded Cauliflower in a<br>Sweet & Sour Sauce                             | A vegetarian Stew with<br>Corn, Beans, Tomatoes,<br>Squash, & Herbs   | Grilled Portabello Mushroom<br>topped with Zucchini,<br>Tomato, Eggplant, and<br>Mozzerella, served with<br>Balsamic Glaze | Flaky Pie Crust with Egg,<br>Mushrooms, & Onions                   |
| <b>Accompaniments</b>  | <b>Accompaniments</b>   | <b>Accompaniments</b>   | <b>Accompaniments</b>  | <b>Accompaniments</b>   | <b>Accompaniments</b>  | <b>Accompaniments</b>  |
|  |   |   |  |   |  |  |
| <b>Bacon &amp; Sausage</b><br><b>Patties</b>                       | <b>Cole Slaw</b>  | <b>Roasted Zucchini</b>   | <b>Chef's Blend</b><br><b>Vegetables</b>                                   | <b>Steamed Broccoli</b>   | <b>Mixed Vegetables</b>  | <b>Vegetable Medley</b>  |
| <b>Chef's Blend</b><br><b>Vegetables</b>                           |   |   |  |   |  |  |
| <b>Roasted Red</b><br><b>Potatoes</b>                              | <b>Roasted Potatoes</b>   | <b>Potato Chips</b>   | <b>Rice</b>  | <b>French Fries</b>   | <b>Potato Wedges</b>   | <b>Sweet Potato Fries</b>  |
| <b>Desserts</b>  | <b>Desserts</b>   | <b>Desserts</b>   | <b>Desserts</b>  | <b>Desserts</b>   | <b>Desserts</b>  | <b>Desserts</b>  |
|  | <b>Apple Sauce</b>  | <b>Cantaloupe Slices</b>  | <b>Plums</b>   | <b>Grapes</b>   | <b>Pears</b>   | <b>Mandarin Oranges</b>  |
| <b>Strawberry Rubarb</b><br><b>Pie</b>                             | <b>Blueberry Pound</b><br><b>Cake</b>   | <b>Lemon Bars</b>   | <b>Brownies</b>  | <b>Snicker Doodle</b><br><b>Cookies</b>   | <b>Raspberry Pound</b><br><b>Cake</b>  | <b>Rice Pudding</b>  |
| <b>NSA Apple Pie</b>   | <b>NSA Chocolate</b><br><b>Pudding</b>  | <b>NSA Peach Pie</b>  | <b>NSA Lemon Cake</b>  | <b>NSA Jell-O</b>   | <b>NSA Cookies</b>   | <b>NSA Lemon</b><br><b>Meringue Pie</b>                            |

DINNER

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY  |
|----------|--|--|--|--|---|---|
| 05/23/21 | 05/24/21   | 05/25/21   | 05/26/21   | 05/27/21   | 05/28/21  | 05/29/21  |
|          | <b>Special Salad</b>   | <b>Special Salad</b>   | <b>Special Salad</b>                                 | <b>Special Salad</b>   | <b>Special Salad</b>  | <b>Special Salad</b>                                    |
|          | Cous Cous, Squash, Spinach, Cran   | Arugula, Kale, Apple, Proscutto                              | Mixed Greens, Acorn, Squash, Broccoli Slaw           | Mixed Greens, Pear, Walnut, Goat Cheese  | Mixed Greens Beets, Apples, Almonds   | Crudite w Hummus  |
|          | <b>Soup du Jour</b>  | <b>Soup du Jour</b>  | <b>Soup du Jour</b>                                  | <b>Soup du Jour</b>  | <b>Soup du Jour</b>   | <b>Soup du Jour</b>                                     |
|          | Tuscan Bean Soup (V)   | Mushroom Bisque (V)  | Mexican Tortilla Chicken Soup                        | Chilled Gaspacho Soup  | Greek Chicken Soup with Rice and Lemon  | Chilled Mint Pea Soup (V)                               |
|          | <b>Entrees</b>   | <b>Entrees</b>   | <b>Entrees</b>                                       | <b>Entrees</b>   | <b>Entrees</b>  | <b>Entrees</b>  |
|          | <b>Chicken Oskar GFA</b>   | <b>Pork Prime Rib GF</b>                                     | <b>Red Snapper GF</b>                                | <b>Grilled Shrimp Nicoise Salad GF</b>   | <b>Grilled Swordfish GF</b>   | <b>Crab Cakes GFA</b>                                   |
|          | Sauteed Chicken Breast Topped with Crab Meat and Asparagus topped with Hollandaise Sauce | Roasted Pork Loin Served with an Apple Raisin Sauce          | Fresh Red Snapper Filets                             | Grilled Shrimp over a bed of Lettuce with Hard Cooked Egg and Hericot Verts, Served with a Champagne Vinagrette Dressing | Fresh Swordfish Grilled, served with Lemon Dill Butter  | Lump Crabmeat mixed with Eggs and Breadcrumbs and Baked |
|          | <b>Spaghetti Bolognese GFA</b>   | <b>Carved Turkey Breast GF</b>                               | <b>Indian Chicken Curry GF</b>                       | <b>Chicken Bruchetta GF</b>  | <b>BBQ Brisket of Beef</b>  | <b>Veal Dijonaise GFA</b>                               |
|          | Pasta Tossed with Homemade Meat Sauce  | Served with Gravy or Cranberry Sauce                         | Tender Chicken Thighs Stewed with Curry and Potatoes | Chicken Breast Topped with Fresh Tomato, Onion, Basil, and Fresh Mozzarella  | Brisket Slow Cooked in a Tangy BBQ Sauce  | Veal with a Mustard Glaze Sauce                         |
|          | <b>Corn Cakes</b>  | <b>Roasted Vegetable Risotto GF</b>                          | <b>Broccoli &amp; Cheddar Quiche</b>                 | <b>Mushroom Ravioli</b>  | <b>Vegetable Moussaka</b>   | <b>Ginger Orange Grilled Tofu GF</b>                    |
|          | Served with a Summer Salsa   | Asparagus, Zucchini, Peppers, and Mushrooms in a Creamy Rice | Egg, Broccoli, and Cheese in a Flaky Pie Crust       | In a Marsala Cream Sauce   | Eggplant, Potatoes, Onions, Lentils, and spices in a Layered Casserole Topped with Bechamel Sauce | Grilled Tofu Steaks with a Ginger Orange Sauce          |
|          | <b>Accompaniments</b>  | <b>Accompaniments</b>  | <b>Accompaniments</b>                                | <b>Accompaniments</b>  | <b>Accompaniments</b>   | <b>Accompaniments</b>                                   |
|          | <b>Sauteed Spinach &amp; Garlic</b>  | <b>Garlic Green Beans</b>                                    | <b>Asparagus</b>                                     | <b>Sauteed Escarole with Garlic</b>  | <b>Sauteed Spinach</b>  | <b>Roasted Pearl Onions</b>                             |
|          | <b>Steamed Carrots</b>   | <b>Steamed Cauliflower</b>                                   | <b>Beets</b>   | <b>Roasted Eggplant</b>  | <b>Corn O'brien</b>   | <b>Steamed Broccoli</b>                                 |
|          | <b>WheatBerry Pilaf</b>  | <b>Baked Sweet Potato</b>                                    | <b>Coconut Rice</b>                                  | <b>Barley Pilaf</b>  | <b>Roasted Potatoes</b>   | <b>Basmati Rice</b>                                     |
|          | <b>Desserts</b>  | <b>Desserts</b>  | <b>Desserts</b>                                      | <b>Desserts</b>  | <b>Desserts</b>   | <b>Desserts</b>   |
|          | <b>Chocolate Mousse</b>  | <b>Lemon Raspberry Cake</b>                                  | <b>Chocolate Cake</b>                                | <b>Fruit of the Forest Pie</b>   | <b>Strawberry Shortcake</b>   | <b>Tiramisu</b>   |
|          | <b>NSA Red Velvet Cake</b>   | <b>NSA Apple Pie</b>   | <b>NSA Cherry Pie</b>                                | <b>NSA Blueberry Pie</b>   | <b>NSA Carrot Cake</b>  | <b>NSA Cheesecake</b>                                   |
|          |  |  |  |  |   |   |