

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09/03/23	09/04/23	09/05/23	09/06/23	09/07/23	09/08/23	09/09/23
Soup du Jour Roasted Corn Chowder	Soup du Jour Tomato Gazpacho (V)	Soup du Jour Turkey , Vegetable and Couscous	Soup du Jour Black Bean Soup (V)	Soup du Jour Beef Vegetable	Soup du Jour Zucchini Margherita (V)	Soup du Jour Broccoli and Cauliflower
Entrees	Entrees	Entrees	Entrees	Entrees	Entrees	Entrees
Chicken Francaise Chicken breast coated in an egg batter , sauteed and served with a lemon butter sauce	Steak, Mushroom, and Onion Sandwich	Grilled Chicken Sandwich GFA Swiss Cheese, Bacon, Tomatoes, Baby Arugula, Herb Aioli, on an Artisanal Roll	Caprese Sandwich GFA Sliced prosciutto, fresh mozzarella cheese, tomatoes, fresh basil and Evo on a crusty Italian bread	All American Hamburgers GFA Your choice of cheese served on a bun	Kendal Pizza GFA Handmade Pizza's	Grilled Kielbasa Sausage GFA Red Cabbage and Spicy Mustard on a toasted club roll
Smoked Salmon GF Smoked salmon, chopped eggs, diced tomatoes, sliced red onions, capers	BBQ Chicken Hot Dogs	Steamed Clams and Mussels Tomatoes, fresh garlic, herb butter, white wine over spaghetti	Chicken Fajita GFA Tender pieces of chicken thighs cooked with onions, peppers and fajita sauce. Served with flour tortillas	Stuffed Chicken and Broccoli Breaded chicken stuffed with cheese and broccoli	Fried Chicken Wings With Pepper Breading	Breaded Cod Breaded Cod Filet
Grilled Eggplant Flatbread Flatbread Topped with Eggplant, Mozzarella Cheese, Roasted Tomatoes, & Tomato Sauce	Grilled Vegetable Sandwich	Broccoli and Cheddar Quiche Broccoli, cheddar , and egg mixture in a pie shell	Teriyaki Glazed Cauliflower Battered cauliflower tossed in an Asian sauce	Eggplant Rollatini Breaded Eggplant with Ricotta Cheese	Grilled Beyond Sausage and Peppers GF Beyond vegetarian sausage, onions, peppers, and tomatoes	Spinach Ravioli Spinach ravioli tossed in a light tomato velouté
Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
Bacon & Sausage Patties	Corn on the Cob	California Vegetables	Roasted Vegetables	Peas and Carrots	Pacific Vegetables	Coleslaw
Sauteed Carrots	Baked Beans	Kendal Potato Chips	Rice and Beans	Roasted Red Bliss Potatoes	Steamed Rice	Onion Rings
Roasted Yukon Gold Potatoes	French Fries					
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Assorted Desserts *	Watermelon	Chocolate Cake	Tres Leches Cake	Chocolate Chip Cookie	Sour Cream Coffee Cake	Blueberry Pound Cake
NSA Apple Cake	Brownies	NSA Cookies	Cantaloupe	NSA Cinnamon Swirl	NSA Chocolate Cream Pie	NSA Jell-O

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		Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour	Soup du Jour
		Chicken Succotash	Green Vegetable Minestrone (V)	Cream of Asparagus (V)	Mushroom Barley	Black Eyed Pea Soup (V)
		Special Salad	Special Salad	Special Salad	Special Salad	Special Salad
		Kendal Spring	Superfood Kale	Baby Arugula	Caprese	Classic Wedge
		Entrees	Entrees	Entrees	Entrees	Entrees
		Seafood Cake	Chicken Cacciatore GF	Seafood Paella GF	Veal Osso Bucco GF	Baked Chicken GF
		Crab, Scallops, Shrimp, and Bread Crumbs in Delicate Cake	Chicken legs and thighs cooked with onions and peppers in a tomato broth	Shrimp, scallops, mussels, clams, and saffron rice	Veal Shank, Slow Braised with Tomato, Carrots, Celery, Onions and Wine	Herb, and Garlic marinated and served with a natural chicken jus
		BBQ Beef Brisket GF	Miso Glazed Pork Loin	Beef Stroganoff GF	Fresh Catch	Hand Rolled Meatballs
		Dry rubbed slow cooked brisket with BBQ sauce on the side and thinly sliced.	Slow cooked pork loin glazed with miso and garnished with sesame seeds and scallions	Sauteed beef, mushrooms, sour cream and a rich brown sauce	Preparation Changes	House made meatballs in marinara sauce
		Sweet Potato and Black Eyed Pea Stew GF	Orange Tofu and Edamame Stir Fry	Ratatouille and White Bean Ragout GF	Cyprus Portobello Mushroom GF	French Onion Quiche
		Sweet Potatoes, Black Eyed Peas, Tomatoes, Jalapenos, and Kale	Tofu, edamame, Asian vegetables sauteed and tossed in an orange sauce	Roasted vegetables, white beans, and tomatoes slow cooked with garlic and fresh herbs	Roasted portobello mushrooms, tomato sauce, and shredded mozzarella cheese	Caramelized onions, gruyere cheese in a egg mixture and pastry shell
		Accompaniments	Accompaniments	Accompaniments	Accompaniments	Accompaniments
		Steamed Carrots	Baby Bok Choy	Sauteed Mixed Squash	Roasted Pearl Onions	Broccoli Rabe
		Fresh Green Beans	Roasted Parsnips	Steamed Broccoli	Sauteed Spinach	Carrots
		Baked Potato	Farro Risotto	Egg Noodles	Creamy Polenta	Linguine
		Desserts	Desserts	Desserts	Desserts	Desserts
		Toasted Almond Cake *	Tuxedo Cake	Crème Brulee	Cannoli Cake *	Tiramisu
		NSA Chocolate Cake	NSA Lemon Cake	NSA Cheesecake	NSA Cherry Cake	NSA Cherry Pie